

# ProMeals Expands Service Nationwide, Delivering Fresh, Prepared Meals to Customers Across America

HOUSTON, TX, UNITED STATES, March 3, 2025 /EINPresswire.com/ -- [Pro Meals](#), a leading provider of fresh, chef-made [prepared meals](#), is thrilled to announce the expansion of its delivery service nationwide. This expansion will bring ProMeals' convenient, healthy, fully prepared meal solutions to customers across the United States, catering to busy professionals and fitness enthusiasts everywhere.

Recognizing the need for accessible and delicious healthy food options, ProMeals delivers fresh, ready-to-eat meals directly to customers' doorsteps. Designed for individuals seeking to save time without sacrificing quality, ProMeals offers a diverse menu that caters to various dietary needs and preferences. Unlike meal kits, ProMeals delivers fully cooked meals, eliminating the need for any preparation or cooking.

“

Our mission is to make healthy eating both convenient and enjoyable for everyone, no matter where they live.”

*Ismael Moreno*



# PROMEALS

Pro Meals Meal Prep Delivery Service



High Protein Meal Delivery Options

"We are incredibly excited to bring ProMeals to customers nationwide," said Ismael Moreno, CEO of Pro Meals. "Our mission is to make healthy eating both convenient and enjoyable for everyone, no matter where they live. Unlike many meal delivery services that stick to the same menu for months, we refresh our menu frequently, ensuring our customers never get bored. We understand the need for variety, especially for our busy customers who rely on us for consistent, delicious meals."

ProMeals distinguishes itself by its commitment to freshness and customization. All meals are prepared fresh to order, eliminating pre-made inventory. Customers benefit from next-day delivery via FedEx on orders placed before 2 PM, Monday through Friday. ProMeals provides a significant time-saving solution, effectively eliminating the stress associated with meal planning and cooking.



Family Style Menu Options

A key advantage of ProMeals is the frequent rotation of its menu, ensuring a wide variety of meal options and preventing meal fatigue. Customers also enjoy the ability to fully customize their meals, selecting their preferred protein, carbohydrate, and vegetable combinations, including low-carb, high-protein, keto, and snack options. Orders of ten meals can be mixed and matched to suit individual preferences. Subscription services offer flexibility, allowing modifications every two weeks. ProMeals also caters to specific dietary needs by accommodating allergy and seasoning modifications, such as "no onion" requests. The "Surprise Me" option is available for those who enjoy culinary surprises. Customers can further personalize their experience by setting up profiles with ingredient preferences and dislikes.

ProMeals offers targeted meal plans to support weight loss, muscle gain, and overall healthy living. The chef-created menu features Mexican fusion dishes with a homemade taste, prioritizing low sodium and calories without sacrificing flavor. With competitive pricing comparable to fast food restaurants, ProMeals offers a healthy, affordable, and convenient alternative. Bodybuilder-specific meal plans are also available, tailored with precise measurements. Whether aiming for a "summer pool body" or simply seeking to maintain a healthy lifestyle, ProMeals provides the perfect solution.

For more information and to place an order, visit [MyProMeals.com](https://www.MyProMeals.com).

Ismael Moreno

ProMeals Meal Prep Delivery

[email us here](#)

Visit us on social media:

[Facebook](#)

[X](#)

[Instagram](#)

[YouTube](#)

[Other](#)

---

This press release can be viewed online at: <https://www.einpresswire.com/article/790545411>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2025 Newsmatics Inc. All Right Reserved.