

# Dana Greco's Please Don't Feed Me Fish Sticks When You Can Teach Me How to Fish – A Transformational Guide to Parenting

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/EINPresswire.com/ -- [Please Don't Feed Me Fish Sticks](#)

When You Can Teach Me How to Fish, the latest book by esteemed social worker and family therapist [Dana Greco](#), is now available for parents seeking a heartfelt, insightful, and transformative guide to raising confident, resilient, and emotionally intelligent children. This

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Dana Greco, a Licensed Social Worker, Family Therapist, and Mediator, has spent her career supporting children and families, making her book essential for parents seeking proactive guidance.”

*Dana Greco*

essential book provides a powerful perspective on parenting through a child's eyes, emphasizing practical wisdom that nurtures independence, emotional well-being, and strong family bonds.

With over two decades of experience in family therapy and child advocacy, Dana Greco brings a wealth of professional expertise and personal insight into this engaging and deeply thoughtful work. Through a series of poignant reflections, Greco captures the essential lessons that every child wishes their parents knew, offering guidance to caregivers navigating the challenges of parenting in today's

fast-paced world.

## A Journey Rooted in Experience and Passion

Dana Greco, a Licensed Social Worker, Family Therapist, and Certified Mediator, has dedicated her career to working with vulnerable children and their families. Serving on the New York City Appellate Court as an advocate in custody disputes, Greco has spent years ensuring that children's voices are heard. Additionally, she has provided support for NYC's First Responders still affected by the trauma of 9/11. Her passion for conflict resolution and family stability shines through in this book, making it a must-read for parents seeking a thoughtful and proactive approach to raising their children.

In *Please Don't Feed Me Fish Sticks When You Can Teach Me How to Fish*, Greco combines professional expertise with deeply personal experiences, reflecting on lessons learned from both her own children and the many families she has helped throughout her career. The title itself embodies the book's central message—empowering children with the tools to navigate life

rather than simply shielding them from its challenges.  
A Fresh Take on Parenting Strategies

What sets *Please Don't Feed Me Fish Sticks When You Can Teach Me How to Fish* apart is its unique format—structured as a series of requests from a child to their parent. Each chapter begins with a child's plea, such as "Please don't spoil me, I know I can't have everything I ask for" or "Please don't be afraid to be clear and firm with me—I prefer it." Greco then provides insightful commentary on why these requests matter and how parents can integrate these principles into their daily interactions with their children.

By blending psychology, real-life scenarios, and practical parenting strategies, Greco offers a fresh, engaging approach to raising children with confidence, integrity, and emotional intelligence. The book emphasizes the importance of setting boundaries, fostering independence, instilling gratitude, and helping children navigate emotions in a healthy way.



### Building Strong, Independent, and Emotionally Intelligent Kids

*Please Don't Feed Me Fish Sticks When You Can Teach Me How to Fish* covers a wide range of essential parenting themes, including:

- The importance of setting clear boundaries and maintaining parental authority.
  - Encouraging children to take responsibility for their actions and learn from mistakes.
  - The role of discipline in fostering resilience and self-confidence.
  - Teaching children about emotional intelligence and handling disappointment.
  - Navigating modern parenting challenges, including technology, social media, and peer influence.
  - Ensuring that parents support, rather than shield, children from life's inevitable struggles.
- Greco's insights help parents raise children who are not only loved and supported but also equipped with the skills to thrive in adulthood.

### A Must-Have for Every Parent, Teacher, and Caregiver

This book is a vital resource for anyone invested in the well-being of children. Whether you're a new parent, a seasoned caregiver, an educator, or a family therapist, *Please Don't Feed Me Fish Sticks When You Can Teach Me How to Fish* provides practical, relatable, and deeply valuable guidance.

Dana Greco's thoughtful approach ensures that readers walk away with actionable insights, empowering them to raise children who are secure, emotionally intelligent, and prepared for life's challenges.

## About the Author

Dana Greco is a Licensed Social Worker, Family Therapist, and Certified Mediator with extensive experience in child advocacy and family counseling. She has served on the New York City Appellate Court, worked with first responders recovering from 9/11 trauma, and has a thriving private practice in New York City. As a dedicated mother and passionate advocate for children's well-being, Greco's work is inspired by her personal and professional experiences in helping families build stronger, healthier relationships.

Please Don't Feed Me Fish Sticks When You Can Teach Me How to Fish is now available online and at major bookstores.

Dana Greco

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