

# MDLifespan Appoints Dr. Pamela W. Smith to Lead Expansion of Therapeutic Plasma Exchange (TPE) Initiatives

*Dr. Smith will spearhead the expansion of PlasmaXchange, advancing MDLifespan's mission to combat environmental toxins and optimize health.*

CHICAGO, IL, UNITED STATES, March 4, 2025 /EINPresswire.com/ -- MDLifespan proudly announces that [Pamela W. Smith, MD, MPH, MS](#) has joined the organization as Chief Growth Officer and Chief Education Officer. An international trailblazer in hormone therapy and personalized medicine, Dr. Smith brings nearly five decades of clinical expertise and a deep commitment to advancing innovative healthcare solutions. Her leadership will further MDLifespan's mission to address the increasing burden of environmental toxins and enhance health optimization through groundbreaking therapeutic interventions.



Pamela's expertise in personalized medicine, hormone therapy, and education makes her invaluable to MDLifespan. Her leadership will drive growth, helping more patients and physicians optimize health."

*Dr. Paul Savage, founder and CEO of MDLifespan*

A Visionary Leader in Personalized Medicine

Dr. Smith has been at the forefront of functional and

personalized medicine for nearly 30 years, following an extensive career in emergency medicine. Her work has centered on research-driven, individualized healthcare that prioritizes toxin removal, metabolic health, and longevity. As a prolific author of 15 best-selling books and a recognized expert in hormone therapy, she has shaped the future of integrative medicine through education, research, and patient care.

Her collaboration with Dr. Paul Savage, founder and CEO of MDLifespan, spans over 35 years. Together, they are once again leading the charge in healthcare innovation with [PlasmaXchange](#), MDLifespan's patent-pending therapeutic plasma exchange (TPE) protocol. PlasmaXchange is designed to detoxify the body by removing microplastics and environmental toxins, restoring the body's natural ability to heal and optimize health.

Driving Growth and Education at MDLifespan

In her new role, Dr. Smith will oversee growth strategies and physician education to expand MDLifespan's impact. She will also lead initiatives to educate healthcare professionals on the benefits of PlasmaXchange and other cutting-edge therapies, ensuring that both doctors and patients have access to the latest advancements in personalized healthcare.

"Pamela's unparalleled expertise and passion for personalized medicine make her an invaluable addition to MDLifespan," said Dr. Paul Savage, founder and CEO of MDLifespan. "Her leadership in hormone therapy, functional medicine, and medical education will be instrumental in driving our mission forward. We are thrilled to have her lead our growth and education initiatives, ensuring more patients and physicians can benefit from our innovative approach to health optimization."

### Pioneering a New Era in Health Optimization

Dr. Smith's impact extends far beyond clinical practice. She is a senior partner at The Center for Precision Medicine, co-director of the Personalized Medicine Certification at the Morsani College of Medicine, University of South Florida. She has been featured on CNN, PBS, and many other television networks, has been interviewed in numerous consumer magazines and has hosted two of her own radio shows. Dr. Smith was one of the featured physicians on the PBS series "The Embrace of Aging" as well as the on-line medical series "Awakening from Alzheimer's" and "Regain Your Brain". Her contributions to media and education continue to shape the evolving landscape of healthcare.

At MDLifespan, Dr. Smith's leadership will champion advanced healthcare solutions that empower both physicians and patients. Through PlasmaXchange and other innovative therapies, she will drive the future of detoxification, longevity, and precision medicine, offering new pathways to optimal health.

For more information about MDLifespan and its pioneering healthcare solutions, visit [www.mdlifespan.com](http://www.mdlifespan.com).

### About MDLifespan

MDLifespan combines decades of medical innovation with a commitment to creating a healthier,



toxin-free future. As a Public Benefit Corporation, MDLifespan balances business success with measurable public benefits, delivering solutions that optimize health and vitality.

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