

Sara-Fay Tarlin's 'Life's Ups and Downs' To Make an Impact at London Bookfair 2025

Explora Books To Showcase a Powerful Memoir on Love, Loss, and Resilience at Stand 3E38

VANCOUVER, BRITISH COLUMBIA, CANADA, March 7, 2025 /EINPresswire.com/ -- The London Bookfair (LBF) 2025, taking place from March 11-13 at Olympia London, welcomes [Explora Books](#) as it showcases compelling literary works that push boundaries and spark conversations. Among its standout titles is ['Life's Ups and Downs'](#) by [Sara-Fay Tarlin](#), a deeply moving memoir of love, loss, and resilience. While the author will not be present at the event, her work is prominently featured at Stand 3E38.

For over 50 years, LBF has been the premier gathering for publishers, literary agents, and industry professionals seeking to connect, collaborate, and discover groundbreaking works. This year, Explora Books is proud to introduce Tarlin's memoir, a book that has already captivated readers with its raw honesty and emotional depth.

'Life's Ups and Downs' is a powerful testament to a mother's unconditional love and the heartbreaking realities of an unjust system. Tarlin recounts her journey of adopting and raising her beloved daughter, finding way through the highs and lows of parenthood, and witnessing her child's struggle through life's hardships. The memoir sheds light on the devastating impact of abuse, the challenges within the legal system, and the unpredictable turns of fate. With this deeply personal narrative, Tarlin amplifies her daughter's silenced voice, ensuring that her story is heard and remembered.

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Explora Books



Author, Sara-Fay Tarlin

A dedicated educator and advocate, Sara-Fay Tarlin has

devoted her life to shaping young minds and championing the rights of school psychologists. A graduate of Boston University with a Master's degree and a Certificate of Advanced Graduate Study in School Psychology, Tarlin has received multiple accolades, including the Massachusetts School Psychologist of the Year award and a Lifetime Achievement Award. Her contributions to legislative initiatives helped establish school psychologist licensure in Massachusetts, leaving a lasting impact on the field.

At LBF 2025, Explora Books invites attendees to explore Tarlin's memoir, which stands as a reminder of the resilience of the human spirit. 'Life's Ups and Downs' offers an unflinching look at the realities of love and loss, making it a must-read for those seeking a powerful and thought-provoking story.

Visit Explora Books at Stand 3E38 to learn more about 'Life's Ups and Downs' and other exceptional titles. For media inquiries and partnership opportunities, contact Explora Books directly.

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