

# See Yoga Retreats Canary Islands Offers New, Flexible Yoga Holidays In Las Palmas De Gran Canaria

*See Yoga Retreats Canary Islands Introduces a New Yoga Experience with Surf, Dance & Meditation on Gran Canaria. Beachside, Flexible stays, and Daily classes.*

LAS PALMAS DE GRAN CANARIA, GRAN CANARIA CANARY ISLANDS, SPAIN, March 7, 2025 /EINPresswire.com/ -- See [Yoga Retreats Canary Islands](#) is changing the way people enjoy yoga vacations. Located on the sunny Las Canteras beach of Gran Canaria, the retreat lets guests choose when they arrive, how long they stay, and which activities they join.



See Yoga Retreats Beach Yoga Class in Gran Canaria Canary Islands

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Amazing place. Yoga was really fun and relaxing. [...] I loved the fact that we also got personal attention during the class, which helped me to improve my yoga and feel even more engaged! [...]"

Jessica M

Unlike traditional yoga retreats with fixed dates and strict schedules, See Yoga Retreats gives guests complete freedom. Visitors can pick from up to 13 yoga classes each week, including styles like Vinyasa, beach yoga, and calming candlelight sessions. The classes are suitable for everyone, whether they're new to yoga or have been practicing for years.

But there's much more than yoga! See Yoga Retreats offers around 35 extra activities each week. Guests can surf, hike, dance, or join special events like Yin Yoga or cacao ceremonies. Dance lovers can enjoy lessons in Latin dance,

dancehall, and reggaeton. Adventure seekers can try surfing lessons or mindfulness hikes through beautiful volcanic landscapes.

"Our goal was to create a retreat that lets people relax, have fun, and explore in their own way," says Laura Serrano De Pedro, the manager and main yoga instructor at See Yoga Retreats

Canary Islands. "Every guest can create their perfect vacation with activities they love."

Guests can also choose different types of accommodations. There are shared apartments, private apartments for extra privacy, or comfortable rooms in a 4-star hotel. All options are close to the beach and beautiful scenery.

See Yoga Retreats Canary Islands offers three main packages:

**Yoga Retreat:** Daily yoga sessions, peaceful beach meditations, yoga workshops, and mindfulness hikes.

**Dance & Yoga Retreat:** Combines daily yoga classes with exciting dance lessons.

[Surf & Yoga Holidays](#): Includes surfing lessons and yoga classes that help build strength, balance, and flexibility.

"We designed each package to make sure everyone finds something they enjoy," explains Patricia, another experienced yoga teacher at the retreat. "Whether someone wants to relax or try something new, we have plenty of choices."

Guests also have the chance to explore the city of Las Palmas, with guided tours and evening activities like live music and karaoke. These events help guests meet new people and enjoy the local culture.

See Yoga Retreats is located in Gran Canaria, famous for its warm weather, beautiful beaches, and amazing natural landscapes. The island offers the perfect place for guests to enjoy relaxation, adventure, and new experiences.

The retreat's teachers, Laura, Coral, and Patricia, are experienced and friendly. They offer support to all guests, whether they're beginners or advanced yoga practitioners. Each guest gets the attention they need to reach their wellness goals.



See Yoga Retreats Beach Meditation Class in Gran Canaria Canary Islands



See Yoga Retreats Team

See Yoga Retreats invites everyone interested in wellness, adventure, or yoga to join their friendly community. Guests will enjoy a unique vacation where relaxation, fun, and new friendships are waiting.

For more information, reservations, or media questions, visit [www.seeyogaretreats.com](http://www.seeyogaretreats.com) or contact the team at [info@seeyogaretreats.com](mailto:info@seeyogaretreats.com).

About See Yoga Retreats:

See Yoga Retreats in Las Palmas, Gran Canaria, offers unique yoga vacations combined with surfing, dancing, and exploring. Guests can arrive anytime, stay as long as they want, and choose from many yoga sessions and extra activities each week. See Yoga Retreats provides a relaxing and fun wellness experience for everyone.

Laura Serrano De Pedro

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