

# New Handmade Enchiladas: Demeter's Pantry Launches Authentic, Fresh, and Flavorful Single-Serving Meals

*Demeter's Pantry debuts handmade, gluten-free enchiladas with sides and improved packaging, offering fresh, flavorful, and convenient single-serving meals.*

SILVER SPRING , MD, UNITED STATES, March 11, 2025 /EINPresswire.com/ -- [Demeter's Pantry](#) is introducing its new Enchiladas single-serving meals with sides, replacing its previous enchiladas line with improved packaging that highlights product callouts and merchandises better, even on narrow shelves. These handmade, gluten-free meals will be available at [Whole Foods Market](#) and independent retailers

starting this March. These meals provide a convenient, delicious, and clean-label solution. Each meal is crafted from scratch and rolled by hand, staying true to the commitment of Demeter's Pantry to authentic home-cooked flavors. Like all their meals, they are made with:

- Organic tortillas
- Proteins raised with no antibiotics ever or hormones
- No hydrogenated oils,
- No additives or preservatives
- An extended shelf life for convenience
- Available to ship fresh or frozen

Interested in ordering these enchiladas please contact [sales@demeterspantry.com](mailto:sales@demeterspantry.com).

The enchiladas come in three delicious varieties:

- Vegetable Enchiladas w/ Red Beans & Brown Rice



- Beef Enchiladas w/ Yellow Rice and our Salsa Roja
- Chicken Enchiladas w/ Yellow Rice and our Salsa Verde

Foodservice options are also available, making these enchiladas a perfect fit for both retail and foodservice programs. Demeter's Pantry's ready-to-eat meals are also in line with consumer trends, as highlighted in a January 2025 [YouGov](#) report that reveals Americans mostly value convenience and taste in Grab&Go meals, with Gen Z buying these options more often, due to their on-the-go lifestyle. Demeter's Pantry products fit these trends perfectly.



Demeter's Pantry New Enchilada Packaging

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We are excited about this new line. It helps the product stand out with a clean label highlighting benefits like gluten-free, high-protein, high-fiber, offering Grab&Go consumers a meal solution.”

*Maria Kardamaki Robertson,  
founder of Demeter's Pantry.*

Demeter's Pantry is a women-owned business in Maryland, founded almost two decades ago with a mission to bring Mediterranean and Latin home recipes to market. The company's Latin cuisine line features handmade Enchiladas with in-house-made sauces, while its Mediterranean entrees incorporate Greek and Mediterranean fusion flavors. Demeter's Pantry has long served the deli, Grab&Go, and hot bars of major retailers, as well as online platforms like Territory Foods.

For orders and inquiries, contact [sales@demeterspantry.com](mailto:sales@demeterspantry.com) or visit

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Demeter's Pantry Plated Enchiladas

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