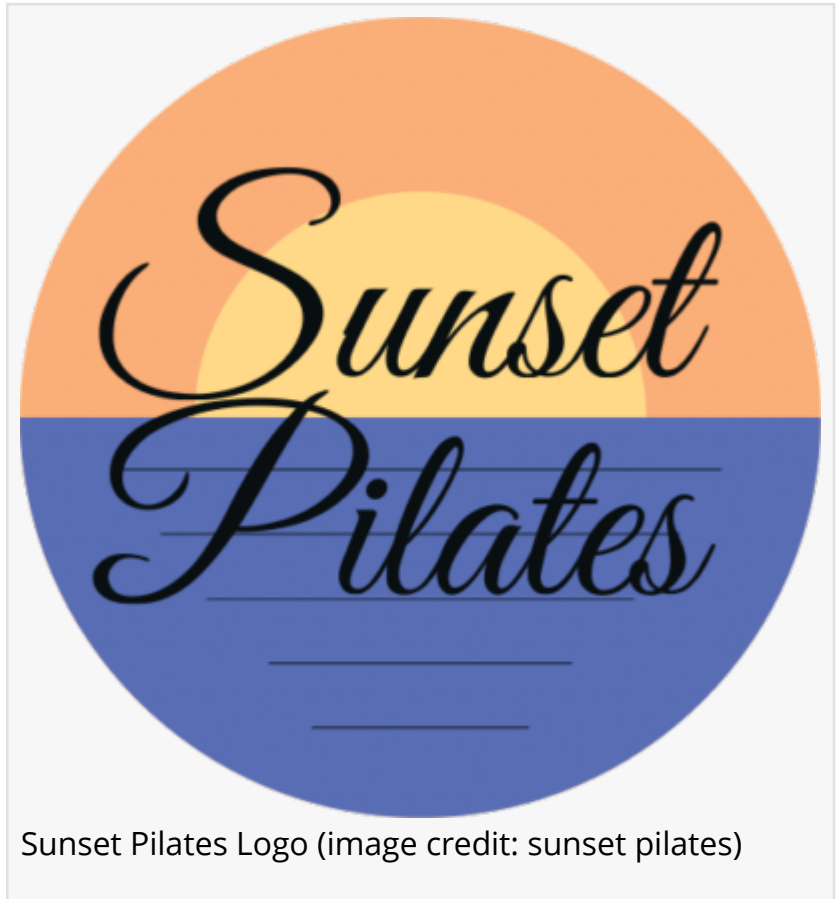


Sunset Pilates: Palm Beach's Pilates Destination

The Discreet Pilates Retreat for the Palm Beach Elite Led by Master Pilates Instructors Cristian and Holly Andronicescu

NEW YORK, NY, UNITED STATES, March 13, 2025 /EINPresswire.com/ -- Tucked away in the heart of Palm Beach, Sunset Pilates has been quietly building a reputation as an under-the-radar fitness sanctuary for socialites, A-list celebrities, and wellness aficionados. Originally founded two decades ago, husband-and-wife duo Cristian and Holly Andronicescu became the new owners three years ago at the end of COVID and transformed the studio from what was only one small room into a multi-room fitness complex with custom high-end pilates equipment.



This exclusive Pilates studio offers a refined and results-driven approach to movement, strength, and longevity. With a clientele that values privacy, precision, and performance, Sunset Pilates has become among the hidden gems of Palm Beach's fitness scene.

Cristian and Holly Andronicescu, both master Pilates instructors with decades of experience, founded Sunset Pilates with a singular vision: to create an intimate, world-class space where clients receive instruction tailored to their unique bodies and goals. Unlike commercialized fitness studios, Sunset Pilates prides itself on a personalized approach, blending classical and contemporary Pilates techniques with cutting-edge methodologies to enhance strength, flexibility, and overall well-being.

"Sunset Pilates is more than just a workout; it's a transformative experience," said Cristian

Andronicescu. "Our clients come to us because they demand the highest level of expertise and discretion. Whether they are preparing for high-profile events, maintaining peak performance, or simply seeking a place of respite, we deliver an unmatched level of care and precision."

In a town known for its exclusivity, Sunset Pilates has cultivated a devoted following of individuals who seek privacy and excellence in equal measure. The studio's tranquil atmosphere and commitment to client confidentiality make it a sanctuary for some of the world's more recognizable faces. Many clients swear by Sunset Pilates as their go-to fitness secret.

"Our philosophy is rooted in integrity and respect for each client's individual needs," said Holly Andronicescu. "We keep our studio intimate and by referral only, ensuring that our clients receive the highest level of personalized attention."

About Sunset Pilates:

Co-Owned by Cristian and Holly Andronicescu, Sunset Pilates is an

exclusive Pilates studio located in Palm Beach, FL. With a reputation for discretion, excellence, and unparalleled instruction, it has become the go-to fitness destination for celebrities, socialites, and discerning individuals seeking the highest standard in Pilates training.

For more information, please visit: www.sunsetpilates.com

IG:@sunsetpilates_palmbeach | F: palmbeachpilates

Norah Lawlor

Lawlor Media Group, Inc.

+1 212-967-6900

[email us here](#)



Sunset Pilates Studio's Holly Andronicescu, Cristian Andronicescu (Photo Credit: Benjamin Rusnak Photography)



Sunset Pilates Studio (Photo Credit: Benjamin Rusnak Photography)

Visit us on social media:

[Facebook](#)

[X](#)

[LinkedIn](#)

[Instagram](#)



Holly Andronicescu (Photo Credit: Benjamin Rusnak Photography)



Cristian Andronicescu (Photo Credit: Benjamin Rusnak Photography)

This press release can be viewed online at: <https://www.einpresswire.com/article/793122186>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2025 Newsmatics Inc. All Right Reserved.