

Motivational Book by R.W. Larson Jr. Encourages Perseverance in Sports and Life

R.W. Larson Jr.'s Two Hundred Pounders Don't Win Marathons But Persevere Anyway Continues to Inspire Readers

KS, UNITED STATES, March 13, 2025 /EINPresswire.com/ -- Atticus Publishing proudly presents journalist, athlete, and professor R.W. Larson Jr.'s motivational book, *Two Hundred Pounders Don't Win Marathons But Persevere Anyway*, continues to resonate with readers seeking inspiration in their athletic and personal journeys. This self-help book is designed to encourage perseverance in sports, from football and running to gymnastics and beyond, as well as in other aspects of life.

With a wealth of experience as a journalist, Marine Corps leader, and former football player at the University of Wyoming, Larson brings a unique perspective to resilience and success. His book is filled with awe-inspiring sports stories, personal anecdotes, and valuable lessons that entertain and motivate athletes of all levels. Whether you're a runner, gymnast, football player, or someone striving to overcome obstacles, *Two Hundred Pounders Don't Win Marathons But Persevere Anyway* delivers a powerful message: never give up.

"Throughout my life, I have faced many challenges," says Larson. "I hope readers can learn from my experiences and apply these lessons to their own journey, whether in sports or any other endeavor."

The book was inspired by Larson's own perseverance. After being cut from his high school baseball team for being a newcomer, he discovered a passion for pole vaulting and went on to become a standout athlete. His story echoes that of Daniel "Rudy" Ruettiger, the underdog who overcame immense hardships to play for the University of Notre Dame football team.

Beyond his personal athletic achievements, Larson has had an impressive career in journalism and education. He grew up in the newspaper industry, following in the footsteps of his father,

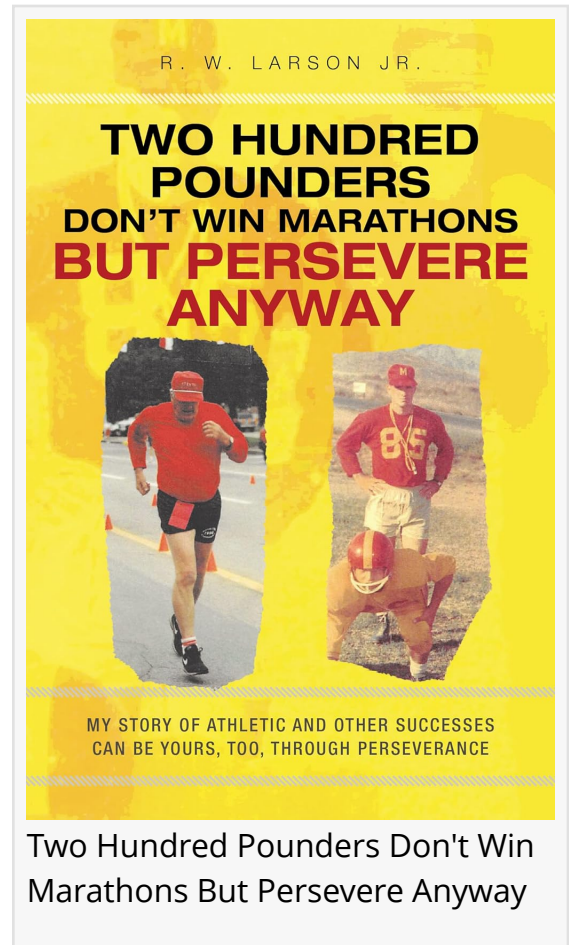


Author - Robert W. Larson Jr.

and later became a journalism professor, teaching at several universities. His varied career also includes work in advertising, political campaigns, and sales, proving that perseverance extends far beyond the field or track.

Two Hundred Pounders Don't Win Marathons But Persevere Anyway is available for purchase on [Amazon](#) and other online [retailers](#). Larson can be reached via email at blarson2380@gmail.com.

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