

Nirvana Recovery Receives Arizona State License for Residential Treatment Center

Nirvana Recovery receives state license for its Phoenix residential treatment center, offering 24/7 evidence-based addiction care with aftercare plans.

PHOENIX, AZ, UNITED STATES, March 17, 2025 /EINPresswire.com/ -- [Nirvana Recovery](#) has received a [residential treatment center license from the Arizona Department of Health Services](#).

This license allows the facility to provide structured residential care for adults seeking treatment for substance use disorders while meeting state regulations for safety and quality. The licensing process ensures that facilities maintain the required standards to provide a secure and supportive treatment environment.

As a recognized [residential treatment center in Arizona](#) dedicated to offering 24/7 support in a safe and stable environment. Adults in treatment receive individual counseling, group therapy,

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Securing our state license lets us provide 24/7 evidence-based care at our Phoenix residential treatment center, ensuring individuals feel supported and empowered on their path to lasting recovery.”

Michael Trychon [President of Nirvana Recovery]

and medical supervision. The program uses effective methods like cognitive behavioral therapy (CBT) and dialectical behavior therapy (DBT). These methods help residents build healthier habits, manage their emotions, and lower the risk of relapse.

Beyond therapy, the center incorporates wellness activities such as meditation, exercise, and nutrition planning to support overall health. This approach addresses both physical and emotional well-being, creating a more comprehensive recovery experience.

Family involvement is encouraged, as addiction affects

loved ones as well. Family counseling sessions help repair relationships and improve

Residential Inpatient Treatment Arizona



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communication, while educational programs teach family members how to provide effective support.

Aftercare planning is a key part of Nirvana Recovery's approach. Each resident receives a personalized plan to help them transition back into daily life. This may include continued counseling, peer support groups, relapse prevention strategies, and referrals to community resources. These services help individuals stay on track and maintain long-term sobriety after leaving residential care.

Nirvana Recovery's staff includes licensed addiction specialists, medical professionals, therapists, and support personnel. Their combined expertise ensures residents receive comprehensive, evidence-based care in line with state health and safety regulations.

Along with its state license, Nirvana Recovery is a member of the National Association of Addiction Treatment Providers (NAATP), which promotes ethical and effective treatment practices. The facility is also working toward national accreditation from The Joint Commission, a leading organization in healthcare quality standards. These recognitions reflect the center's commitment to maintaining high-quality care.

Licensed residential treatment centers play a vital role in addressing substance use disorders across Arizona. Facilities like Nirvana Recovery serve communities in Phoenix, Tucson, Mesa, Scottsdale, and Glendale, providing structured, state-regulated care to adults seeking help. By offering professional treatment services, these centers contribute to Arizona's efforts to combat addiction and support public health.

Expanding access to licensed treatment centers also reduces the burden on emergency services and law enforcement agencies that often respond to substance use-related incidents. By offering structured care, facilities like Nirvana Recovery improve treatment accessibility and provide long-term benefits for individuals, families, and the wider community.

About Nirvana Recovery

Nirvana Recovery is a state-licensed residential treatment center in Phoenix, Arizona, dedicated to providing comprehensive care for adults struggling with substance use disorders and co-occurring mental health conditions. The facility uses trauma-informed and evidence-based treatment. This ensures that each resident gets personalized care for their recovery needs. Nirvana Recovery is actively pursuing national accreditation from The Joint Commission to further reinforce its commitment to maintaining high standards in addiction treatment and patient safety.

Michael Trychon

Nirvana Recovery Drug & Alcohol Rehab Arizona

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