

Biohackers World Hosts Pre-Conference Evening Run in West Hollywood

A guided run on March 28 with Dr. Evan Johnson will explore biohacking techniques for endurance, recovery, and performance ahead of the conference.

LOS ANGELES, CA, UNITED STATES, March 20, 2025

[/EINPresswire.com/](#) -- The [Biohackers World Conference and Expo](#) will take place in West Hollywood on March 29-30, 2025.

Ahead of the event, attendees and fitness enthusiasts will have the opportunity to participate in a Friday Evening Run on March 28, 2025. Organized by the Biohackers World team, this event will be led by [Dr. Evan Johnson](#), an expert in endurance training and human performance optimization.

This run is designed for participants of all fitness levels, from seasoned marathoners to those just beginning their journey. Beyond the physical challenge, the event will serve as an experiential workshop, where participants can explore biohacking techniques in motion, optimizing performance, endurance, and recovery in real time.

The run aims to bring together a community of individuals passionate about maximizing efficiency and expanding the boundaries of physical and mental capabilities. Throughout the session, Dr. Johnson will share science-backed insights on improving athletic performance, boosting stamina, and enhancing post-exercise recovery.

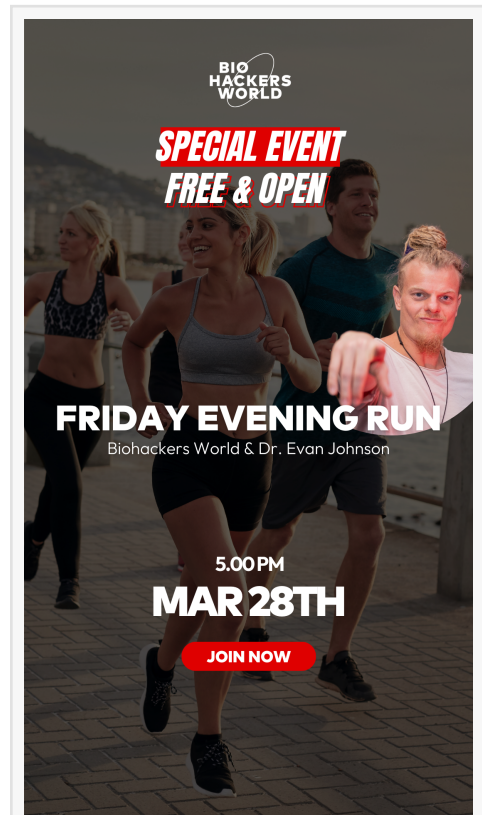
Attendees will also access exclusive wellness gifts and partner bonuses, reinforcing the commitment to holistic health and human optimization.

“

Push your limits. Boost recovery. Unlock your potential.”

Dr. Evan Johnson

The Friday Evening Run is an engaging prelude to the Biohackers World Conference and Expo, offering participants an opportunity to connect with like-minded individuals and immerse themselves in practical biohacking applications.



Biohackers World Pre-Conference Evening Run in West Hollywood

For more information visit
<https://lu.ma/bhw-run>

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The graphic features a dark purple background with three overlapping white-bordered photos. The top photo shows a panel discussion with four people on a stage. The middle photo shows a man in a dark shirt working on a device. The bottom photo shows a group of people smiling. The text 'BIOHACKERS WORLD CONFERENCE & EXPO' is prominently displayed in white. Below it, a tagline reads 'A weekend of expert insights, innovative health tech, and a like-minded community'. At the bottom, an orange pill-shaped box contains the text 'march 29 - 30 West Hollywood'.

BIOHACKERS WORLD CONFERENCE & EXPO

A weekend of expert
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march 29 - 30 *West Hollywood*

Biohackers World Conference in West Hollywood
2025

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