

Spring's Impact on Allergy and Asthma Sufferers

FORT LAUDERDALE, FL, UNITED STATES, March 24, 2025 /EINPresswire.com/ -- While many of us welcome the onset of spring, for the more than 50 million Americans who suffer from allergies and 25 million who live with asthma, it's a concerning time that triggers serious and potentially life-threatening health conditions.

Dr. Cedric (Jamie) Rutland shares how you can protect your respiratory health, and how to take advantage of the latest technology to help you save money.

For those people, springtime is not only stressful, but expensive. Allergy and asthma sufferers have no choice but to stock up on medications, inhalers and other medical needs to battle the effects of rising tree pollen, grass, mold and ragweed.

Allergy and asthma treatment often involves avoiding known allergens and using prescription medications.

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