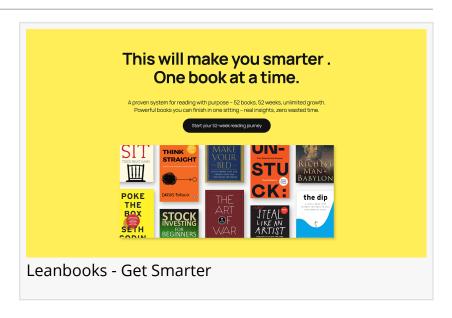


## Leanbooks Launches Curated List of 52 Short Books to Support Consistent Reading Habits

Leanbooks releases a curated weekly list of 52 short nonfiction books designed to promote consistent reading habits and continuous self-education.

SOFIA, BULGARIA, March 25, 2025 /EINPresswire.com/ -- LeanBooks has officially launched a curated list of 52 nonfiction titles designed to help readers develop consistent reading habits. The collection emphasizes short, high-value books that can be completed in a single sitting each week.



The project addresses a common challenge among professionals and lifelong learners: maintaining a regular reading schedule. By offering a weekly structure and pre-selected list,

"

Books are how humanity has passed knowledge down for millennia. AI may assist, but it should never replace deep reading and understanding."

Ray Kurzweil, entrepreneur and futurist

LeanBooks aims to reduce decision fatigue and support continuous personal and intellectual growth.

Each title included in the LeanBooks collection is selected for its clarity, brevity, and relevance across themes such as productivity, decision-making, creativity, mindset, and behavioral science. The format is optimized for busy schedules, allowing individuals to engage with meaningful content without the time investment required by longer works.

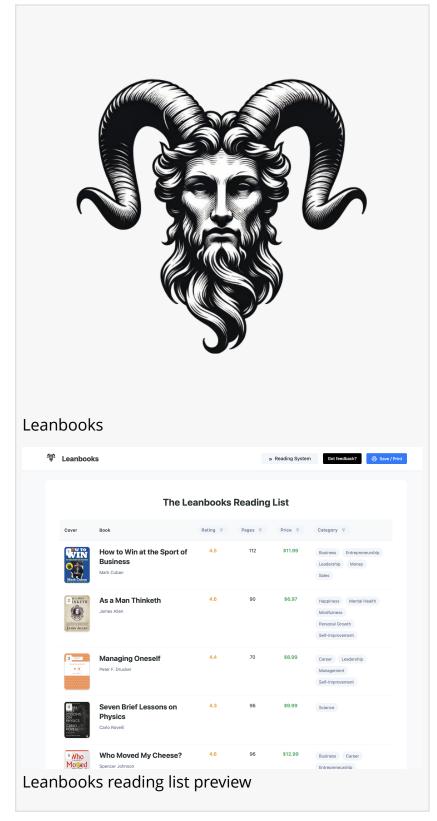
In addition to the core list, LeanBooks provides a digital preview page where users can filter and organize titles based on personal interests or learning goals. The product is designed for those looking to build or maintain a sustainable habit of reading nonfiction over the course of one year.

LeanBooks is suitable for independent learners, educators, and professionals seeking to

incorporate structured learning into their routines. While the platform does not provide the books themselves, it serves as a curated roadmap, helping users stay accountable and focused throughout the year.

A preview of the curated list is available at <a href="https://leanbooks.xyz">https://leanbooks.xyz</a>.

Kostantin Stambolov Leanbooks email us here



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