

Music City Detox Now In-Network with Blue Cross Blue Shield, Expanding Access to Quality Addiction Treatment Services

Leading Nashville Addiction Treatment Provider Expands Accessibility with Major Insurance Coverage

NASHVILLE, TN, UNITED STATES, March 31, 2025 /EINPresswire.com/ -- Music City Detox, Nashville's premier addiction treatment facility, is proud to

announce it has achieved in-network provider status with Blue Cross Blue Shield (BCBS), one of the nation's largest health insurance providers. This significant development will expand access to high-quality detoxification and addiction treatment services for thousands of Tennessee residents and visitors seeking recovery support.



“

Our mission has always been to provide the highest quality care to individuals struggling with addiction, and this partnership allows us to extend our services to a much broader population in need.”

Rachel Bergstein, Executive Director

The new agreement means that BCBS members can now access Music City Detox's comprehensive [addiction treatment programs](#) with reduced out-of-pocket costs, making professional addiction care more affordable and accessible to those who need it most.

“We are thrilled to partner with Blue Cross Blue Shield to remove financial barriers to treatment,” said Rachel Bergstein, Executive Director of Music City Detox. “Our mission has always been to provide the highest quality care to individuals struggling with addiction, and this

partnership allows us to extend our services to a much broader population in need.”

Music City Detox offers medically supervised detoxification programs, residential treatment, and comprehensive aftercare planning tailored to each client's unique needs. The facility's expert team includes board-certified addiction medicine physicians, experienced nurses, licensed therapists, and dedicated support staff who work together to provide compassionate, evidence-based care in a safe and comfortable environment.

The new in-network status comes at a critical time, as substance use disorders continue to affect communities across Tennessee and the nation. By expanding insurance coverage options, Music

City Detox aims to address the growing need for accessible addiction treatment services.

BCBS members interested in seeking treatment at Music City Detox are encouraged to verify their benefits by calling 615-695-1009 to speak with an admissions specialist or who can guide them through the [insurance verification process](#) and help coordinate care.

About Music City Detox

Music City Detox is Nashville's leading addiction treatment center, providing comprehensive detoxification services and recovery support in a comfortable, professional environment. Committed to evidence-based treatment approaches and personalized care, the facility helps individuals safely navigate the challenging early stages of recovery while building a foundation for lasting sobriety. Music City Detox is accredited by The Joint Commission and licensed by the State of Tennessee.

Rachel Bergstein

Music City Detox

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