

Sober Witch Activation Workshop Returns This Weekend with Virtual Healing Experience

Quarterly Workshop Offers a Mystical Recovery Reset Through Ritual, Spellcraft, and Spiritual Integration

DETROIT, MI, UNITED STATES, April 9, 2025 /EINPresswire.com/ -- This Sunday, witches in recovery from across the country will gather online for more than just support—they'll step into a sacred, mystical reset rooted in ritual, divination, and spiritual self-empowerment. Hosted by author and recovery mentor [Sunshine Witchski](#), The [Sober Witch Activation Workshop](#):



Sober Witch Activation Workshop

Claim Your Magickal Recovery in 2025 is a three-hour immersive experience taking place virtually on Sunday, April 13th, from 12:00 PM to 3:00 PM EST via Zoom.

“

This isn't just a workshop—it's a homecoming to the parts of ourselves that addiction tried to silence. Every time we gather, we reawaken our power and remember that recovery can be sacred.”

*Sunshine, Creatrix of
Illuminate.*

The Sober Witch Activation Workshop was created to support individuals who identify as witches and are seeking a recovery path aligned with their beliefs and spiritual practices. It is one of few events dedicated to spiritual recovery experiences that include ritual work, intuitive healing, and energetic empowerment specifically for those who integrate witchcraft into their sober lives.

Sunshine Witchski, author of *Sober Witch Life: A Magickal Guide to Recovery* and the founder of the Sober Witch Life platform, will guide participants through a carefully curated experience that helps them reconnect to their

magick, deepen their recovery journey, and activate their spiritual identity. All attendees of this quarter's workshop will also receive 30 days of access to the [Recovery Coven](#), a private community for witches in recovery who are seeking continued guidance, ritual support, and peer connection.

ADDRESSING A COMMON GAP IN THE RECOVERY WORLD

Many individuals in recovery who also identify as witches or spiritual practitioners often find that mainstream recovery programs do not accommodate their beliefs or practices. Some are discouraged from using their intuitive or ritual tools, while others feel isolated in group settings where spiritual diversity is not acknowledged.



This quarterly workshop responds to that gap by offering a structured, non-dogmatic experience that allows witches to explore recovery through their own spiritual lens. Participants will engage in intentional activities designed to anchor their healing process, strengthen their energetic boundaries, and awaken their Higher Self.

OVERVIEW OF THE WORKSHOP STRUCTURE

The experience begins with an Opening Circle and Sacred Container, designed to create a safe space for all participants to gather, set intentions, and begin the activation process. Following this opening, participants are introduced to spellcrafting techniques that are applicable to their recovery process. The session includes examples of how intentional rituals can become long-term supports for emotional regulation and spiritual clarity.

In the next phase of the workshop, attendees engage in a divination practice where they use tools such as tarot or oracle cards to discover the energetic components that will form the foundation of their personal Recovery Staff. These components may represent qualities such as protection, reflection, alignment, or healing—depending on what the participant uncovers during the practice.

Participants are then guided to energetically build their own personalized Recovery Staff, an etheric symbolic tool that serves as an anchor for their sobriety. While no physical crafting takes place during the session, participants are walked through a meditative and energetic process to assemble the staff through visualization, energy alignment, and spiritual intention.

The session culminates in the Sober Witch Activation and Invocation Ceremony, where participants engage in a guided Akashic Records activation and invocation of their Higher Self. This is intended to serve as the spiritual turning point of the experience, helping each participant consciously claim their identity as a Sober Witch and integrate this identity into their ongoing recovery.

A Closing Blessing and Integration process follows, offering time to reflect, release, and seal the

experience before transitioning out of the sacred container.

BENEFITS FOR WITCHES IN RECOVERY

Participants in the workshop report experiencing a renewed sense of clarity, purpose, and spiritual empowerment. The tools shared during the session are structured to support long-term sobriety and personal growth. Attendees leave with a deepened connection to their Higher Self, a spiritually charged Recovery Staff that becomes part of their daily practice, and a renewed alignment with their magickal path.

The inclusion of the 30-day membership in the Recovery Coven provides ongoing support beyond the workshop. This community space allows participants to stay engaged with others on similar paths, explore additional spiritual recovery practices, and continue integrating what they experienced during the workshop. The Recovery Coven includes regular events, access to a resource library, and a virtual space to remain in connection with other sober witches.

REAL EXPERIENCES FROM THE RECOVERY COVEN

One member of the Recovery Coven who previously attended the Activation Workshop shared their experience of building a Recovery Staff. They had already been integrating witchcraft into their recovery journey, but after participating in the Activation Workshop, they described the process as significantly deepening their connection to their practice. In their words:

"Creating my Recovery Staff gave me something I could return to each day. It wasn't just symbolic—it helped ground me during a time when I felt like I was on the edge of relapse. It became a powerful tool for reflection, especially when I was struggling to stay focused on my recovery path."

A DIFFERENT APPROACH TO RECOVERY

What makes this workshop distinct is its philosophical and energetic departure from traditional recovery frameworks. It invites witches in recovery to reclaim their healing through ritual, intuitive exploration, and spiritual sovereignty.

Unlike structured programs based on religious doctrine or clinical language, the Sober Witch Activation Workshop encourages participants to draw from their own beliefs, ancestral connections, and intuitive guidance. The experience is framed around internal empowerment, rather than external control.

Participants are not given steps to follow or rules to conform to. Instead, they are invited to explore what recovery looks like for them through the lens of witchcraft and spiritual embodiment. This is a departure from models that prioritize conformity or a singular narrative about what healing should look like.

According to Sunshine Witchski, this approach is not just effective—it is necessary.

"Even I rebuild my own Recovery Staff every time I host this workshop. It's powerful, it's potent, and it continues to evolve as I do. It's one of the tools I use to reflect on my progress and hold space for the next version of myself in recovery," she shared.

THE BROADER MOVEMENT OF THE SOBER WITCH LIFE

Since 2020, the Sober Witch Life movement has grown into a digital ecosystem that includes a published guidebook, a podcast, a mobile app, and the Recovery Coven community. Sunshine Witchski's work has introduced thousands to the idea that recovery can be spiritually meaningful, personally sovereign, and aligned with mystical practice.

The Sober Witch Mobile App, which is free to download, offers access to sober witch recovery tools including divination spreads, intention rituals, community conversations, and live recovery circles. These tools are designed to support individuals in continuing their spiritual recovery work outside of events like the Activation Workshop.

EVENT DETAILS AND CONTACT INFORMATION

The Sober Witch Activation Workshop will be held virtually on Sunday, April 13th from 12:00 PM to 3:00 PM Eastern Standard Time. Registration is available online, and access to the event is delivered through Zoom. All participants will also receive 30 days of access to the Recovery Coven to support their continued integration.

To learn more about the workshop, visit the Sober Witch Workshop. For continued support and connection, visit the Recovery Coven. To learn about the broader movement, visit Sober Witch Life.

Members of the press or those interested in interviewing Sunshine Witchski can contact: press@illuminateunschool.com

SUMMARY

This weekend's Sober Witch Activation Workshop provides a structured yet spiritually autonomous experience for recovering witches. It integrates ritual, shadow work, spiritual empowerment, and intuitive tools into a guided process that supports long-term sobriety and personal alignment. Through this quarterly offering and the continued support of the Recovery Coven, participants are invited to walk their recovery path as their most authentic, magickal selves.

Sunshine Witchski

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