

Wellbeings® Now Offering Brainsway TMS™ as a Revolutionary Treatment for Depression

This FDA and Health Canada approved drug-free treatment offers a safe, effective option for treating conditions like depression, anxiety, OCD, and PTSD

BURLINGTON, ON, CANADA, April 8, 2025 /EINPresswire.com/ -- Wellbeings® is excited to announce that it is now offering Transcranial Magnetic Stimulation (TMS) as a groundbreaking, [medication-free treatment for patients suffering from depression](#) and anxious depression. This advanced, non-invasive therapy has shown significant clinical benefits in recent studies. An analysis published in Psychiatry Research reveals impressive results for patients undergoing [BrainsWay TMS™ treatment](#). Patients who received 30 or more sessions of TMS experienced an 82% response rate and a 65% remission rate, demonstrating the treatment's effectiveness in reducing the symptoms of depression and anxious depression without the side effects commonly associated with traditional medications.



“

We are thrilled to offer the BrainsWay TMS™ to our patients as an effective, medication-free treatment for depression.”

Peggi Shepherd

About BrainsWay TMS™

TMS uses precise magnetic pulses to stimulate specific areas of the brain, particularly the dorsolateral prefrontal cortex, which plays a key role in regulating mood. Unlike medications, which can cause systemic side effects such as weight gain, fatigue, and drowsiness, TMS targets only the areas of the brain involved in depression, making it a safer and more targeted solution. For many patients who have

not responded to medications, suffering with OCD or those looking to stop smoking, BrainsWay TMS™ offers a promising alternative.

“Patients who have struggled with depression, even after trying multiple medications, are often amazed by the relief TMS can provide within just a few sessions,” said Peggi Shepherd. “This treatment works by stimulating the brain directly, leading to significant reductions in symptoms or, in some cases, complete remission.”



The BrainsWay TMS™ treatment has become increasingly popular due to its high success rates and minimal side effects. Patients can begin to feel relief from their symptoms in just a few days, with many reporting a marked improvement in their overall well-being.

About Major Depressive Disorder and Anxious Depression in Canada

Major depressive disorder (MDD) is a common and debilitating condition affecting millions of Canadians, with symptoms like low mood, loss of interest, reduced energy, disturbed sleep, and changes in appetite. According to the Canadian Mental Health Association, one in five Canadians will experience a mental health issue each year, with depression being one of the most prevalent. Additionally, 60-90% of those with depression also suffer from anxiety, a condition known as anxious depression, which includes symptoms like nervousness, panic, and difficulty concentrating. With The BrainsWay TMS™, there is now hope for many people who couldn't find relief in the past.

[About Wellbeings®](#)

Wellbeings® is a leading medical clinic in Burlington, Ontario, founded in 2009 by Peggi Shepherd. The clinic specializes in patient-centered, evidence-based care for pain management, substance use disorders, and mental health conditions such as anxiety and depression. With over a decade of experience, Wellbeings® takes a holistic approach, addressing the bio-psycho-social-spiritual needs of each patient. Their compassionate, interdisciplinary team is dedicated to helping individuals and families achieve healthier, more fulfilling lives. For more information, visit www.wellbeings.ca.

Peggi Shepherd
Wellbeings

+1 905-631-9355

[email us here](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/799824831>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2025 Newsmatics Inc. All Right Reserved.