



# New Website UV Index Checker Tracks Real-Time UV Levels by City for Safer Outdoor Planning

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*UV Index Checker provides city-specific UV index data, forecasts, and sun safety tips to support informed decisions about sun exposure.*

TUSCALOOSA, AL, UNITED STATES, April 7, 2025 /EINPresswire.com/ -- A new digital resource, [UV Index Checker](#), has been launched to provide the public with real-time, location-specific ultraviolet (UV) index information. The tool offers detailed daily and hourly UV index readings alongside educational data designed to support safe outdoor activities and promote awareness of UV-related health risks.

The platform delivers essential information including the current UV index, maximum UV index for the day, and hourly UV index trends for any U.S. city. Additional features include sunrise and sunset times, golden hour timing, and estimated time to tan or burn based on different skin types.

## Key Features

Upon entering a city and state, users are presented with a range of information designed to help manage sun exposure safely. The site provides:

[UV Index Right Now](#)

[UV Index Today](#) and maximum levels expected

Hourly UV Index Forecast throughout the day

Estimated sunburn or tanning times for different skin tones

Sunrise and sunset times

Golden hour timing for photography and recreation

General sun safety guidelines

The tool is designed for public accessibility, requiring no login or personal data, and is free to use. Its streamlined interface allows for fast access to reliable information tailored by location.

## A Public Health Resource

The launch of UV Index Checker comes at a time when increased awareness about the dangers

of UV overexposure is critical. According to the Centers for Disease Control and Prevention (CDC), UV radiation is a major cause of skin cancer—the most common cancer in the United States. Regular monitoring of UV levels can help individuals reduce risk by adjusting outdoor behavior during peak UV hours.

By providing easy-to-understand data, the website supports a wide range of individuals—from parents and outdoor workers to athletes and travelers—in making informed decisions about sun exposure.

#### About UV Index Checker

UV Index Checker is a publicly available tool created to provide accurate, city-based UV index readings and sun safety information. The goal of the platform is to make UV data easily accessible and actionable, helping individuals plan outdoor activities more safely.

The tool is available now at <https://uvindexchecker.com>.

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