

Author Dr. Kim Nugent Recently Featured on Close Up Radio

HUMBLE, TX, UNITED STATES, April 9, 2025 /EINPresswire.com/ -- We all wholeheartedly agree that when people break the law, each and every one of them absolutely must be punished, and depending on the severity of their crime, that could include serving many years in the prison system. When these offenders get incarcerated, we breathe a deep sigh of relief they are no longer walking our streets, posing a danger to ourselves and our loved ones. But what about when these offenders complete their sentence and are released back into society? Isn't it crucial that they don't return to a life of crime, destined to repeat the same destructive and dangerous behavior patterns? Isn't it important to support



and rehabilitate these individuals who are looking for a fresh start? During their time served behind prison walls, when we play an active role in providing these incarcerated individuals with much needed support and resources it encourages them to regain a sense of purpose so they have a better chance to overcome stigma, rebuild their lives, find community acceptance, and to contribute positively to society upon their release.

Close Up Radio is excited to feature Dr. Kim Nugent, a highly influential Leadership Coach and best-selling author who, for over twenty-five years, has been propelling people to greatness both personally and professionally. Kim is also the best-selling author of nine books, and her latest endeavor, *From Prison to Possibilities: Paving your Path*, is a testament to her pioneering work, earning her a place as a true trailblazer in helping such individuals thrive. Kim has created highly effective mentoring programs that help incarcerated men within Florida, Texas, and Mississippi prison systems create a successful future.

It all started seven years ago when, out of the blue, a colleague suddenly reached out to her to ask if she would write a book about mentoring in prison. Although taken aback, Kim felt the need to step out of her comfort zone and rise to the challenge. She approached it with enthusiasm and an open mind. However, having never worked with inmates before and being one who values precision, accuracy, and high standards in everything she does, Kim was determined to do it right. So, she spent four years researching heavily to know what it is like for people who are incarcerated. What she realized is what she knew all along, she believes in second chances and the power of redemption. Just as importantly, she shines a light on the power of mentorship as the most effective way to develop programming today, helping these inmates readjust to society, breaking the cycle of reoffending, and preparing for a better, brighter future.

Through healthy communication and attentive listening, active role-playing, and using her book as a tool, Kim offers her unique six-month curriculum where mentors and mentees meet once a week to build skills associated with navigating everyday life challenges. With peers teaching peers together, they walk this righteous path with no fear of judgment. Kim works closely with the wardens who select the mentors and the program is open to all who want a change in their life. By helping them discover their skills and talents, they prepare for the challenges they will be facing, like employability, a plan upon release, and new meaning. Kim affectionately calls "A dress rehearsal for life."

After the inmates complete the six-month program, they even have graduations to celebrate their achievements. Kim wants them to fulfill their goals and live their most fulfilling, healthiest lives possible through her highly empowering work, and today, she has achieved more than she could have ever imagined. Once the mentors complete the program, they may choose more advanced training to continue to develop their coaching skills.

After twenty years of corporate training and leadership experience, Kim feels grateful that she has made such a pivotal impact with her life-transforming programs, which not only help inmates seeking a better life find their way but also create a ripple effect throughout communities and the world at large. Kim's journey from Leadership coach to mentor working in men's prisons has been so rewarding she has dedicated her life's work to continuing with her mission

Kim says compassion and understanding are key when working with inmates. With the United States having such a high incarceration rate, we can't afford not to provide these programs. Once given the right tools and effectively mentors, these inmates feel more supported to reach their full potential and do not return to a life of crime.

Many might wonder how such a modern, distinctly feminine woman can master the art of working in a heavily male-dominated field and do it with such pizzazz and confidence. Well, for one thing, Kim doesn't sugarcoat her work. In her practical, self-effacing way, she prepares them for the demanding work outside prison walls, emphasizing the need for them to work hard to achieve their goals, just like every other member of society.

As for the future, Kim is excited that a Spanish version of her book will be released in the next month.

At the moment, she is researching a new book and considering writing a book on gang renunciation.

A significant portion of her time is also spent speaking with prison management companies and conferences on prison and jail management to discuss the recruitment and retention of correctional staff and introduce the concept of mentorship.

Kim will continue to strive for a change in developing systemic solutions within the prison walls that align perfectly with her vision.

Close Up Radio recently featured Dr. Kim Nugent in an interview with Jim Masters on Thursday April 3rd at 10am Eastern

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For more information visit www.drnugentspeaks.com

Lou Ceparano

Close Up Television & Radio

+ +1 631-850-3314

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