

## Linda Sanders Celebrates You and the Sunshine, Dylan at LA Times Book Festival's 30th Anniversary

A Heartfelt Tribute to a Therapy Dog's Legacy of Love, Healing, and the Profound Bond Between Humans and Animals

LOS ANGELES, CA, UNITED STATES, April 9, 2025 /EINPresswire.com/ --MainSpring Books is delighted to feature author <u>Linda Sanders</u> at the 30th Anniversary of the LA Times Festival of Books on April 26-27, 2025. Sanders will be signing copies of her touching memoir, <u>You and the</u>



Author Linda Sanders

<u>Sunshine, Dylan: The Life and Times of a Caring Friend</u>, and participating in an author interview conducted by MainSpring Books. As the festival celebrates three decades of literary excellence, Sanders' work brings an inspiring story of companionship, resilience, and the profound healing

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A heartwarming tribute to an extraordinary therapy dog... a poignant celebration of unconditional love, healing, and the unbreakable bond between humans and animals" *MainSpring Books*  power of animals to this milestone event.

In You and the Sunshine, Dylan, Sanders shares the inspiring true story of Dylan, a Golden Retriever therapy dog whose unwavering compassion and ability to connect with people made him a beacon of hope for the elderly, the sick, and those in need of emotional support. Through heartfelt anecdotes, touching photographs, and deep reflections on interspecies companionship, Sanders honors Dylan's mission to serve others. "I considered it my responsibility to do whatever was necessary to see that he

could fulfill his mission in life . . . to be of service to others," writes Sanders.

More than just a memoir, the book shines a light on the unspoken yet powerful bond between humans and animals, particularly in times of vulnerability. Dylan's ability to bring comfort was undeniable—his presence could soothe anxieties, ease loneliness, and evoke cherished memories. His impact was so profound that even those he helped felt a spiritual connection with him long after he had gone. The book's ability to capture these raw, intimate moments makes it a deeply moving and thoughtprovoking read.

A perfect read for animal lovers, caregivers, and those who believe in the healing power of companionship, You and the Sunshine, Dylan is both a celebration of love and a testament to the profound role animals play in our emotional well-being. With humor, depth, and emotional insight, Sanders breathes new life into Dylan's legacy, encouraging readers to embrace kindness, empathy, and service in their own lives.

Beyond telling Dylan's story, Sanders' book serves as a reminder of the critical role therapy animals play in healthcare and emotional support settings. Whether comforting seniors in nursing homes, assisting children with disabilities, or simply offering companionship to those feeling isolated, therapy animals like Dylan leave a lasting imprint on those they meet.

## As the LA Times Festival of Books



You and the Sunshine, Dylan: The Life and Times of a Caring Friend





celebrates this milestone year, Linda Sanders' heartfelt story will resonate with those seeking an uplifting perspective on love, resilience, and the profound connections we share with animals.

Join Linda Sanders at the LA Times Festival of Books for a book signing and a recorded interview with MainSpring Books, where she will share Dylan's extraordinary journey, the lessons he left behind, and the legacy of love and service that continues to inspire.

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