

# Brenda Helton's, Holy Whisperings to be Featured at 30th Anniversary of the LA Times Festival of Books 2025

*An Inspiring Journey of Faith, Resilience, and Redemption Through Life's Deepest Valleys and Greatest Triumphs*

LOS ANGELES, CA, UNITED STATES, April 9, 2025 /EINPresswire.com/ -- MainSpring Books is delighted to announce that celebrated Christian fiction author [Brenda Helton](#) will join the lineup of esteemed writers at the 30th Anniversary of the LA Times Festival of Books on April 26-27, 2025. Helton will be participating in an exclusive author interview and signing copies of her latest novel, [Holy Whisperings](#), giving readers a unique opportunity to engage with the profound messages of faith, resilience, and redemption woven into her storytelling.



Author Brenda Helton

“

A story that captures the heart from the very first chapter – prepare for a journey filled with tragedy, love, and resilience.”

*Bonnie, Amazon Reviewer*

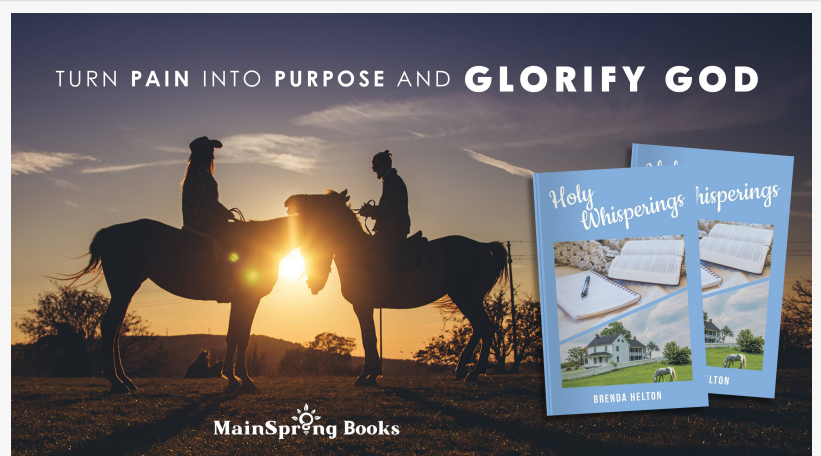
In *Holy Whisperings*, Helton draws readers into the life of Beatrice, a young girl who endures a painful childhood following the tragic loss of her parents. Beatrice’s Aunt Ruth, is unexpectedly named her guardian, but finds herself struggling with resentment and anger toward this new responsibility. For young Beatrice, the sense of isolation is overwhelming as she grows up under the stern care of her aunt. Yet, despite these challenges, Beatrice

finds comfort in her grandfather’s wisdom, her vivid dreams, and an innate calling that emerges as she discovers equine-assisted therapy. This compelling story captures the beauty of perseverance and faith through adversity, portraying Beatrice’s journey from a lonely child to an empowered adult who builds a successful career as an equine therapist. When an accident threatens the dreams, she shares with her husband, Beatrice must draw on every lesson of faith and courage to navigate yet another crossroads in life.

Brenda Helton brings her characters to life with warmth and authenticity, creating a narrative that resonates deeply with readers. Born and raised in the Midwest, Helton is a retired public-school teacher who devoted 35 years to teaching. Her passion for storytelling was sparked by an inspiring seventh-grade creative writing teacher, and this influence has shaped a lifelong dedication to writing. Now, Helton's works reflect a blend of real-life experience, Christian values, and a unique empathy for her characters. In *Holy Whisperings*, she combines these elements to reveal how faith can guide us through life's darkest valleys and help us emerge stronger. "I am deeply grateful to share *Holy Whisperings* with readers at the LA Times Festival of Books," Helton shared. "My hope is that Beatrice's story will touch lives and remind readers that they are never truly alone, no matter the challenges they face."

This year's LA Times Festival of Books offers a perfect setting to celebrate Brenda Helton's inspirational storytelling. Her previous works have been met with enthusiasm and heartfelt reviews, with readers calling her novels "riveting," "compassionate," and "a must-read." *Holy Whisperings* has quickly become a favorite, with readers describing it as a moving account that explores themes of loss, faith, and the power of love in the face of hardship. *Holy Whisperings* encourages its readers to turn their personal pain into a purpose that will glorify God.

Join us in celebrating Brenda Helton and her captivating story, *Holy Whisperings*, at this milestone anniversary of the LA Times Festival of Books. It's a chance to meet an inspiring author whose words bring comfort, encouragement, and a deep sense of purpose to those navigating the ups and downs of life.



*Holy Whisperings* by Brenda Helton



*Holy Whisperings*

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