

# Bingus Explores the Role of Cannabis in Human Awareness in Sovereignty of Cannabis

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HILLSBORO, OR, UNITED STATES, April 11, 2025 /EINPresswire.com/ -- What if cannabis wasn't just a plant but a companion on the path to self-discovery? In *The Art of Cultivating Awareness, The Sovereignty of Cannabis: The Green Soul*, Bingus shares his insights on how cannabis, when grown with care and good intention, can deepen a person's connection to themselves and the world around them. His down-to-earth approach also offers the readers a fresh perspective on how this plant can be more than something to consume....it can be something that teaches.

Bingus encourages cultivators to approach cannabis with good Intentions, treating it as a living thing that responds to attention and respect. He explains how choosing the right strain, setting up a balanced growing space, and observing the plant's changes can strengthen the bond between grower and plant. More than just a guide to gardening, this book introduces the idea that cannabis has its presence, which can help people slow down and appreciate the growth process, both in the plant and in themselves.

But Bingus doesn't stop at growing advice. He weaves history, cultural traditions, and scientific understanding together to help readers think beyond the usual discussions about cannabis. From ancient medicinal uses to modern studies, he challenges standard views and asks readers to consider cannabis as part of a larger story....one that includes human development and awareness. Whether you're an experienced grower or someone new to the plant, this book provides an accessible and thought-provoking take on what cannabis can offer.

Beyond personal growth, *The Art of Cultivating Consciousness* also covers responsible cultivation. Bingus discusses eco-friendly ways to grow cannabis, highlighting natural soil care, composting, and ethical farming methods. He makes a strong case for growing cannabis in ways that benefit both the plant and the planet, ensuring that future generations can continue to learn from it. His approach offers practical guidance for anyone looking to cultivate with care and respect.

A key aspect of this book is the energy and intention of the cultivator. Bingus describes how cannabis, like any living organism, reacts to its surroundings and the care it receives. He explains how growers can develop a stronger relationship with their plants by taking time to notice small details, looking for subtle changes, and even incorporating personal rituals like quiet observation or mindful tending. He also covers how music, light, and soil health affect plant development, encouraging readers to think beyond basic techniques and embrace the deeper aspects of

cultivation.

Bingus makes *The Art of Cultivating Consciousness* an engaging read with a blend of practical knowledge and a fresh perspective. Whether you want to understand cannabis on a deeper level, explore its history, or learn how to grow it with purpose, this book provides an easy-to-follow guide.

#### About the Author

Bingus is a dedicated cannabis cultivator, teacher, and advocate for responsible growing. With years of hands-on experience, he has developed a deep understanding of the plant, blending real-world knowledge with research on its cultural and historical significance. Through his writing, he hopes to share valuable information with anyone interested in cannabis, whether they are just beginning or have years of experience.

Beyond writing, Bingus teaches workshops and participates in discussions on cannabis farming, responsible use, and sustainability. He collaborates with experts, scientists, and community leaders to support ethical and eco-friendly cultivation. His work is focused on changing the way people see cannabis....from a misunderstood plant to one with valuable lessons to offer.

Bingus is also an active voice in cannabis policy, working to promote fair access to cultivation and use. He supports independent growers, small-scale farmers, and those seeking a more personal connection with cannabis by providing mentorship and educational resources. His mission is to help people recognize cannabis not just as a product but as a plant with deep roots in human history.

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