

# California School-Based Interventions Lead to 20% Reduction in Teen Drug Use Over Five Years

CA, UNITED STATES, April 14, 2025 /EINPresswire.com/ -- [Recent data](#) reveals that comprehensive school-based prevention programs have successfully reduced teen drug use by 20% over the past five years. These initiatives, focusing on education and early intervention, have proven effective in addressing substance abuse among adolescents.

Furthermore, the Communities That Care (CTC) initiative has [contributed](#) to significant declines in adolescent substance use. By the 10th grade, youth in CTC communities were 29% less likely to initiate alcohol use and 28% less likely to begin smoking cigarettes compared to their counterparts in control communities. These findings highlight the sustained impact of structured, community-driven prevention efforts.

While these prevention programs have yielded promising results, some adolescents may require more intensive support. Key Healthcare, a [California adolescent residential treatment center](#),

offers comprehensive, evidence-based programs designed to address both mental health and substance use disorders. By providing personalized treatment plans and a supportive environment, Key Healthcare plays a crucial role in the continuum of care for teens in need.



## KEY HEALTHCARE

Key Healthcare logo representing a leading teen mental health and substance abuse treatment center in Los Angeles. The keyhole icon embodies access to healing, transformation, and recovery for adolescents.



These collective efforts reflect California's commitment to proactive, evidence-based strategies in combating teen drug use. By prioritizing prevention and education within schools and offering specialized treatment options like those at Key Healthcare, the state continues to make significant strides in promoting the health and well-being of its adolescent population.

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