

Preferred Fertility Concierge Offers Expert Fertility Injection Training to Support IVF and Fertility Treatment Patients

Preferred Fertility Concierge now offers expanded expert-led injection training for IVF and egg-freezing patients.

ATLANTA, GA, UNITED STATES, April 18, 2025 /EINPresswire.com/ -- [Preferred Fertility Concierge](#), one of the first specialized in-home and virtual fertility nursing services led by Registered Nurse Takeria Mitchell, is proud to announce expanded offerings in [fertility injection training](#) to support individuals and couples undergoing fertility treatments such as IVF and egg freezing.

Fertility treatments often require a complex regimen of injectable medications, which can be overwhelming for patients navigating the emotional and physical demands of conception assistance. Preferred Fertility Concierge is helping to ease that burden through personalized, expert-led injection training services that are available in both in-person and virtual formats.

Understanding Fertility Injections

Fertility injections are medications designed to stimulate the ovaries to produce multiple eggs, increasing the chances of conception for those struggling to get pregnant naturally. Within this category, IVF injections are a more specific subset used during the IVF process itself. Understanding the distinction between these types of medications—and how to use them correctly—is a critical part of treatment success.



Takeria Mitchell





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Takera Mitchell RN, BSN

What Is Fertility Injection Training?

Fertility injection training refers to one-on-one educational sessions with a licensed nurse that cover every aspect of administering fertility medications. These sessions teach patients how to properly mix, handle, and inject medications, with guidance on timing, frequency, and safe injection sites.

"Providing injection training is about more than just teaching technique," says Nurse Takera Mitchell. "It's about empowering individuals with the knowledge and confidence they need to take charge of their fertility

journey. We aim to reduce the anxiety that so often accompanies these treatments."

Training Options Include:

- Injection Training (Stimulation) with Medication Administration: A comprehensive in-person session reviewing multiple medications, mixing instructions, and injection techniques with a nurse.
- Injection Training for Progesterone: This in-person visit includes hands-on instruction for intramuscular progesterone injections and administration of the medication during the visit.
- Virtual Injection Training for Multiple Medications: Ideal for IVF or egg freezing patients, this interactive video session provides guidance for handling and administering multiple injectable medications.
- Virtual Injection Training for Single Medication: A focused virtual appointment covering one subcutaneous or intramuscular medication, tailored to the patient's treatment plan.

Reducing Mistakes, Building Confidence

Studies show that proper training and medication handling can significantly improve IVF success rates and reduce the likelihood of administration errors. Preferred Fertility Concierge aims to not only improve outcomes but also help patients feel confident and supported throughout the process.

Preferred Fertility Concierge services are currently available across the Atlanta metro area, with virtual appointments available nationwide. Every session is designed to be warm, educational, and completely personalized to each patient's treatment protocol.

About Preferred Fertility Concierge

Preferred Fertility Concierge provides expert, compassionate care for individuals undergoing fertility treatments including IVF, IUI, and egg freezing. Founded in 2017, it is one of the first fertility concierge businesses in the U.S., established by Registered Nurse Takera Mitchell—a certified and highly experienced fertility nurse. The practice offers a full suite of in-home and virtual support services, specializing in injection training, medication education, and fertility

coaching.

With a strong foundation in Atlanta, Preferred Fertility Concierge is excited to announce upcoming expansion plans to Florida and North Carolina in 2025, furthering its mission to make personalized fertility support accessible to more families on their path to parenthood.

Takera Mitchell RN, BSN

Preferred Fertility Concierge

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