

# Isomaltulose Market to Reach USD 2.19 Billion by 2035, Driven by Demand in Infant Nutrition & Sugar-Free Confectionery

The Isomaltulose market is experiencing steady growth, driven by increasing demand in the food and beverage sector for healthier sugar alternatives.

NEWARK, DE, UNITED STATES, April 28, 2025 /EINPresswire.com/ -- In 2025, the isomaltulose market is valued at approximately USD 1,294.05 million and is projected to reach USD 2,189.56 million by 2035, reflecting a compound annual growth rate (CAGR) of 5.4%. The growth of the market is primarily driven by the increasing demand for isomaltulose in infant nutrition, dairy products, and sugar-free confectionery.



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The rising prevalence of lifestyle diseases such as diabetes and obesity is also influencing the demand for low-glycemic-index (GI) sugar substitutes, making isomaltulose an attractive option



The Isomaltulose market is rapidly growing as health-conscious consumers seek natural, low-glycemic alternatives, fueling demand for this versatile sugar substitute across food and beverage sectors."

Nandini Roy Chaudhari

for consumers seeking healthier alternatives to conventional sugars. The shift towards healthier, low-sugar diets further boosts its popularity in the global market.

As the global demand for sports nutrition and active nutrition products increases, the isomaltulose market is expected to see consistent growth throughout the forecast period. Isomaltulose has emerged as an ideal alternative to sucrose due to its low glycemic index and reduced sugar content. Additionally, the rising consumer preference for clean-label and low-sugar food products is expected to support the expansion of the global isomaltulose market

during the assessment period. These factors, combined with growing awareness of the benefits

of isomaltulose, position the market for strong and sustained growth.

Isomaltulose is emerging as a preferred sugar alternative, offering a range of health benefits. Unlike traditional sugars, it has a lower glycemic index, meaning it does not cause sudden spikes in blood sugar levels. This makes it an ideal choice for individuals managing diabetes or those seeking to reduce their sugar intake. Moreover, its slow absorption in the body helps maintain energy levels, making it a popular ingredient in sports drinks and other functional beverages. Isomaltulose Applications in Beverages: A Revolution in the Drink Industry

Isomaltulose is increasingly used in beverages, particularly <u>energy drinks</u> and soft drinks. It provides a natural sweetness without the crash associated with regular sugars. With the rising demand for functional beverages, isomaltulose is gaining favor as a key ingredient that enhances product appeal without compromising on health benefits. Additionally, the use of isomaltulose in sports drinks ensures prolonged energy release, which is a major selling point among athletes and fitness enthusiasts.

Isomaltulose is not just about sweetening—it's a key player in supporting a healthier lifestyle. Its low glycemic index makes it a suitable sweetener for individuals managing diabetes or those at risk of developing metabolic disorders. Furthermore, its slow-release energy is beneficial for maintaining stable energy levels throughout the day, making it an ideal choice for both active individuals and those seeking sustained energy without sugar highs and crashes.

As consumers become more informed about the impacts of high-glycemic foods on their health, there is a growing demand for low glycemic index sweeteners. Isomaltulose, with its ability to release glucose gradually into the bloodstream, stands out as an ideal substitute. This ensures that consumers can enjoy a sweet taste without the negative effects of sugar on blood sugar levels. The rise of low-glycemic index sugar substitutes like isomaltulose is a significant trend in the global health and wellness sector.

Isomaltulose is being increasingly incorporated into a wide array of food products. From bakery goods and confectionery to dairy and packaged snacks, its versatility as a sweetener is helping manufacturers meet the rising demand for healthier, low-calorie alternatives. As consumer

preferences shift towards clean-label products with fewer artificial ingredients, isomaltulose presents a promising solution for food and beverage companies seeking to adapt to these trends.

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Key players in the isomaltulose market have been actively developing new formulations to cater to the growing consumer demand for low-sugar, functional foods. Companies have been incorporating isomaltulose into a range of products, from sports drinks to dairy alternatives, to meet the health-conscious preferences of consumers. Research and development efforts are focused on improving the taste and functional properties of isomaltulose, ensuring its wider adoption in the global food and beverage industry.

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United States In the U.S., rising health consciousness and the growing demand for low-glycemic index sweeteners are key factors driving market growth. Manufacturers are investing in R&D to develop innovative isomaltulose-based formulations for diabetic and weight-conscious consumers. The trend towards clean-label products is further propelling the market, with isomaltulose increasingly incorporated into functional foods and beverages.

United Kingdom The market in the UK is driven by increasing consumer awareness about sugar substitutes and their role in blood sugar management. Government regulations encouraging sugar reduction in processed foods have led manufacturers to adopt isomaltulose as a healthier alternative. The shift towards plant-based, natural ingredients also aligns with the growing popularity of isomaltulose among health-conscious consumers.

European Union The European market for isomaltulose is expanding due to increasing focus on healthier diets. Countries like Germany, France, and Italy are leading the charge, with rising cases of obesity and diabetes pushing the adoption of sugar alternatives. Regulatory support for sugar reduction, along with innovations in food processing technologies, further fuels the market.

Japan Japan's isomaltulose market benefits from a health-conscious population and a mature functional foods sector. The increasing use of sugar substitutes in both traditional and modern food products is driving market growth, with technological advancements playing a key role in the adoption of isomaltulose in confectionery, dairy alternatives, and sports drinks.

South Korea In South Korea, the market for isomaltulose is gaining traction due to increasing awareness of sugar alternatives and their effects on metabolic health. The growing focus on wellness and the demand for functional foods is further propelling market growth. Key players in

the food and beverage industry are investing in strategies to reduce sugar consumption, which is supporting the uptake of isomaltulose.

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Q: What are the main benefits of isomaltulose compared to regular sugar?

A: Isomaltulose has a low glycemic index, meaning it helps prevent sudden spikes in blood sugar levels. It also provides sustained energy, making it ideal for sports drinks and functional beverages.

Q: Is isomaltulose safe for people with diabetes?

A: Yes, isomaltulose is a safe alternative to regular sugar for individuals with diabetes as it has a minimal impact on blood glucose levels.

Q: How is isomaltulose used in the food industry?

A: Isomaltulose is used as a sweetener in a wide variety of food products, including beverages, confectionery, dairy, and bakery items, offering a healthier alternative to traditional sugar.

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The isomaltulose market is highly competitive, with several global players involved in the production and supply of isomaltulose. Companies are focusing on innovation, strategic partnerships, and expanding their distribution networks to strengthen their market position. The competition is expected to intensify as the demand for low-GI, clean-label products increases, encouraging companies to differentiate themselves through product quality, sustainable sourcing, and customer loyalty initiatives.

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- BENEO GmbH
- Cargill, Inc.
- Sudzucker AG
- Matsutani Chemical Industry
- Other Companies (combined)

https://www.futuremarketinsights.com/industry-analysis/functional-food-ingredients

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# By Grade:

- Food Grade Isomaltulose
- Pharma Grade Isomaltulose

# By End Use:

- Confectionery
- o Chewing Gums
- o Hard Candies
- o Soft Candies
- o Gummies and Jellies
- o Chocolates
- o Bakery Products
- o Breakfast Cereals and Bars
- o Dairy Products
- o Frozen Desserts
- o Beverages
- Carbonated Beverages
- Flouridated Salt
- Table Top / Spoon-for-spoon Sweeteners
- Supplements and OTC Medicine
- Ingredients
- o Polyols
- o Intense Sweeteners
- o Non Carcinogenic Sweeteners
- o Others

# By Region:

- North America
- · Latin America
- East Asia
- South Asia & Pacific
- Eastern Europe
- Western Europe
- Middle East & Africa

Isomalt Market Analysis: <a href="https://www.futuremarketinsights.com/reports/isomalt-market">https://www.futuremarketinsights.com/reports/isomalt-market</a>

Isomalto-oligosaccharide Market: <a href="https://www.futuremarketinsights.com/reports/isomalto-oligosaccharide-market">https://www.futuremarketinsights.com/reports/isomalto-oligosaccharide-market</a>

Isomalt Industry in Western Europe: <a href="https://www.futuremarketinsights.com/reports/isomalt-industry-analysis-in-western-europe">https://www.futuremarketinsights.com/reports/isomalt-industry-analysis-in-western-europe</a>

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