

# Atlina Chiropractic Expands Services to Walnut Creek, CA

*Discover gentle, effective chiropractic care for all ages at Atlina Chiropractic near Walnut Creek. Alleviate pain and improve overall wellness.*

WALNUT CREEK, CA, UNITED STATES, May 5, 2025 /EINPresswire.com/ -- Atlina Chiropractic is proud to announce its specialized chiropractic services for people of all ages near Walnut Creek and the surrounding areas. Focusing on family wellness, personalized care, and evidence-based practices, Atlina Chiropractic is a [team of chiropractors now serving Walnut Creek](#) dedicated to providing top-quality, gentle, and effective therapies that promote proper body alignment, reduce injury risk, and improve wellness for patients of all ages.



## ATLINA CHIROPRACTIC

Start your wellness journey today!



Chiropractic care for newborns, children, and adults - including pregnant and postpartum moms.

### Expert Chiropractic Care for the Whole Family



We're dedicated to promoting a pain-free, healthy lifestyle for every member of your family."

*Dr. Lisa Nhu and Dr. Jonathan Hooker, Atlina Chiropractic*

Led by experienced chiropractors Dr. Lisa Nhu and Dr. Jonathan Hooker, Atlina Chiropractic tailors a wide range of services to meet the unique needs of infants, children, teens, and adults. Through gentle and effective adjustments, Dr. Nhu and Dr. Hooker offer more than pain relief. In addition to alleviating symptoms, the team of experts at Atlina Chiropractic promotes optimal body function by detecting and correcting body misalignments that can result in improper nerve flow and cause

unfavorable effects on nervous system function. From making [chiropractic adjustments for pain](#) to addressing common childhood ailments and optimizing athletic performance, Atlina Chiropractic has something for everyone in the family.

## Pediatric Chiropractic Care for Infants and Toddlers

As specialists in pediatric chiropractic care and members of the International Chiropractic Pediatric Association (ICPA), Dr. Nhu and Dr. Hooker understand the importance of starting a healthy lifestyle at an early age. That's why they offer gentle adjustments designed to support infants' and toddlers' growing bodies, promote overall wellness, and address specific needs such as colic, sleep difficulties, immune system support, developmental milestones, and feeding issues.



The chiropractors at Atlina Chiropractic use gentle and effective chiropractic techniques.

## Chiropractic Care for Children and Teens

For older children and teens, Atlina Chiropractic provides advanced chiropractic care that can help prevent sports injuries, aid in recovery from injuries or illnesses such as ADHD and anxiety, and optimize athletic performance. With personalized treatment plans tailored to each patient's unique needs and goals, Atlina Chiropractic is committed to helping young people get a healthy start.

## Adult Chiropractic Care

At Atlina Chiropractic, adults can find relief from chronic pain, migraines, sports injuries, lower back pain, and more through gentle chiropractic techniques like the NUCCA method. This method involves no twisting, popping, or cracking and uses objective X-ray measurements to accurately diagnose spinal misalignments and create custom treatment plans customized to individual needs.

## Pregnancy and Postpartum Chiropractic Care

Pregnancy and childbirth can take a toll on a woman's body. At Atlina Chiropractic, our Webster-certified chiropractors specialize in helping expectant mothers achieve easier pregnancies and births by providing safe, gentle adjustments to the pelvis that can help alleviate discomfort and support overall wellness. After childbirth, a woman's body changes significantly as it adjusts to its new normal. At Atlina Chiropractic, our postpartum chiropractic care can help support the healing process and address specific issues such as pelvic pain and breastfeeding difficulties.

## Holistic Care

The team at Atlina Chiropractic believes in providing comprehensive care for the whole family, so they offer additional services like functional nutrition and massage therapy within their office space. This makes it easier for families to coordinate their healthcare needs and receive holistic care from a trusted team of providers.

### Conveniently Located

Atlina Chiropractic is conveniently located in a medical building, making it easy for you to visit their Danville chiropractic care office. The welcoming atmosphere and kid-friendly environment make it easier for parents to bring their children without worrying about them being uncomfortable or disruptive during appointments.

### Affordable Care Options

In addition to its specialized services and convenient location, Atlina Chiropractic offers affordable care packages for Walnut Creek families. Being a parent is a full-time job, and prioritizing personal health can be challenging. That's why Atlina Chiropractic aims to make chiropractic care accessible and affordable.

### Get Started Today!

If you're ready to experience the positive impact of chiropractic care on your family's overall well-being, visit Atlina Chiropractic's website today: <https://www.atlinachiropractic.com/near-me/walnut-creek.shtml>.

to schedule a consultation and exam. Take the first step towards a healthier you and see how Atlina Chiropractic can improve your life!

Dr. Lisa Nhu and Dr. Jonathan Hooker

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