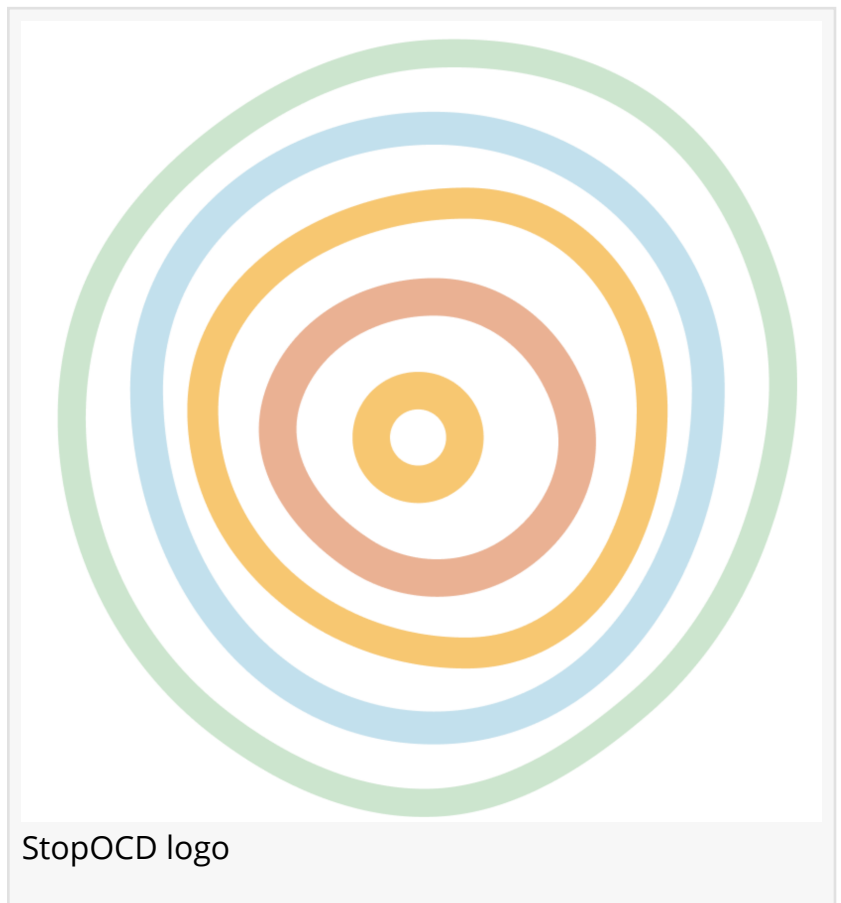


StopOCD.com Launches Groundbreaking Online OCD Treatment Program

Making Expert OCD Therapy More Accessible Through a Digital-First, Evidence-Based Approach

CA, UNITED STATES, May 5, 2025 /EINPresswire.com/ -- Millions of people with Obsessive-Compulsive Disorder (OCD) struggle to find specialized help—often facing barriers like high costs, limited availability, or long wait times. StopOCD.com was created to address this gap through a revolutionary [online OCD treatment program](#) that expands access to expert care using technology—making treatment more timely, affordable, and effective.

"We've built StopOCD.com to meet people where they are—online, on their terms. By removing barriers like waitlists and high costs, we're making it easier for individuals with OCD to access high-quality, specialized care that actually works," said Meryl Da Costa-Rohland, Community Officer at StopOCD.com.



Online therapy for OCD with StopOCD.com combines structured, evidence-based treatment with flexible, therapist-guided care—designed specifically for those struggling with OCD.

What Makes StopOCD.com Different

- Technology-Enabled Efficiency: Our platform allows therapists to support a substantially higher caseload than traditional in-office models—without compromising on care quality.
- Evidence-Based Approach: The program is built around ERP (Exposure and Response Prevention), the gold-standard OCD treatment, enhanced with digital tools that guide progress and build new skills.
- Faster Access, Personalized Support: Clients can begin treatment quickly and stay connected to their therapist through secure messaging and voice notes, creating a more responsive, flexible



OCD needs expert care, and our program delivers ERP treatment with flexible, unlimited therapist support—so no one has to face it alone.”

Dr. Sofia Wenzler, Clinical Lead, StopOCD.com

care experience.

-Affordable OCD Treatment at StopOCD.com: Clients receive expert care at a fraction of the cost of in-person therapy, making high-quality treatment financially accessible.

What Clients Are Saying:

“It's a perfect program with great tools and support from therapist. Can't find a better price for the quality and effectiveness anywhere else.”

“I really enjoyed my experience with everyone I interacted with, the program itself, and I learned a lot! Special thanks to Daiana! She was lovely, optimistic, kind, responded quickly, and very knowledgeable! Thank you!!! It is a great program and I didn't feel alone even though it was virtual/via chat!!”

With mental health services stretched thin, StopOCD.com is changing how OCD is treated—offering high-quality, therapist-guided care through its accessible online OCD treatment program.

If you would like more information about OCD and it's treatment, visit our website www.stopocd.com

Learn More:

Meryl Da Costa-Rohland
Community Officer, StopOCD.com
✉ support@stopocd.com

Note to Editors: High-resolution images and interviews with our clinical team are available upon request.

Meryl Da Costa Rohland
Helping Minds (StopOCD)
support@stopocd.com

Visit us on social media:

[LinkedIn](#)
[Instagram](#)
[Facebook](#)
[YouTube](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/809105339>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire,

Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2025 Newsmatics Inc. All Right Reserved.