

From Fear to Love Tour Brings Family-Centered Emotional Healing to Kansas City

KANSAS CITY, KS, UNITED STATES, May 5, 2025 /EINPresswire.com/ -- Kansas City will welcome nationally recognized parenting and trauma expert Bryan Post on May 15, 2025, as part of his ongoing From Fear to Love World Tour. This in-person event brings Bryan's compassionate, connection-focused methods directly to families, educators, and professionals in the region. Designed to help adults better understand and respond to childhood trauma, the emotional healing event in Kansas City, KS marks a meaningful opportunity for community members to engage with trauma-informed strategies that support real, lasting change. Full event details and registration can be found on the Fear to Love website.

The From Fear to Love workshop was created to help parents and professionals move beyond reactive, fear-based responses and into calm, connected caregiving. Grounded in trauma-informed principles, the event offers a clear and practical path for understanding children's behavior through the lens of emotional safety and early life experience. Bryan Post's approach empowers caregivers to shift the dynamic in their homes and classrooms, reducing conflict, strengthening relationships, and creating environments where healing is not just possible, but lasting.

Bryan Post is the founder of the Post Institute and a nationally recognized leader in trauma-informed parenting. With more than two decades of clinical experience and a personal background as an adoptee, Bryan brings a unique perspective to his work with families and professionals. His approach blends neuroscience, attachment theory, and real-life application, making complex emotional challenges easier to understand and address. Through books, workshops, and training programs across the U.S., Bryan has helped thousands of families build stronger, more connected relationships—earning a reputation for compassion, clarity, and results in the field of trauma-informed parenting in Kansas City, KS and beyond.

The Kansas City workshop will take place in person on May 15, 2025, from 10:00 AM to 2:00 PM. During this four-hour session, Bryan Post will guide participants through his trauma-informed parenting framework, with a focus on connection, regulation, and real-world application. The event is designed to be both accessible and actionable, providing tools that can be used immediately in home, school, and clinical settings. Whether you're a parent, teacher, or professional working with children, the session offers a supportive environment to learn practical strategies for navigating behavioral challenges with empathy and effectiveness.

In Kansas City, where families, schools, and care providers are working to meet growing emotional and behavioral needs, the From Fear to Love workshop offers timely support. The event speaks directly to the challenges many in the community are facing—whether it's navigating stress at home, handling classroom behaviors, or reconnecting with children after difficult experiences. By hosting this event locally, Bryan Post is bringing nationally respected guidance into a space where it can make an immediate difference for Kansas families.

The Kansas City session will take place on May 15, 2025, from 10:00 AM to 2:00 PM, and is open to anyone working closely with children—parents, educators, therapists, and caregivers alike. Registration is available through the Fear to Love website, and attendees using the Bondify app can access additional options. Space is limited to preserve the personal, small-group nature of the workshop, so early registration is encouraged. This event is an opportunity to engage directly with Bryan Post's trusted approach to trauma-informed care in a focused, supportive setting.

The From Fear to Love tour continues to impact families and professionals across the country, and its Kansas City stop offers a rare chance to engage with this work in a personal, meaningful way. Bryan Post's trauma-informed approach helps caregivers reconnect with children through understanding, not control—shifting the way we think about discipline, behavior, and emotional health. For those looking to strengthen their relationships, build new skills, and create lasting change, this emotional healing parenting workshop in Kansas City, KS is not one to miss.

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