

# Discover Calm & Creativity: Award-Winning Lawyer Tahmina Watson Launches Color Your Joy Bird and Wildlife Coloring Book

*A Transformative Journey Through Art and Nature, Designed to Foster Mindfulness and Healing*

SEATTLE, WA, UNITED STATES, May 6, 2025 /EINPresswire.com/ -- Award-winning immigration attorney, author, and podcaster, Tahmina Watson, is proud to announce the official launch of her new [coloring book](#), Color Your Joy: Bird and Wildlife Coloring Book. Available for purchase starting today, this unique book transforms Watson's fine art bird and wildlife [photography](#) into intricate line art, offering a peaceful, therapeutic experience for both beginners and seasoned colorists alike.

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“What started as a way to escape the stress of everyday life has grown into a deep, life-changing connection with nature and my creative side,” says Watson.”

*Tahmina Watson*

Through her personal journey of rediscovery and mindfulness, Watson shares how her passion for birding

and photography has brought healing and joy. Color Your Joy is more than just a coloring book—it’s a reflection of her transformative journey from burnout to balance, as she invites readers to slow down, reconnect with nature, and find inner peace through art.

“What started as a way to escape the stress of everyday life has grown into a deep, life-changing connection with nature and my creative side,” says Watson. “This book is a reflection of that journey and my desire to share the peace I’ve found with others.”

The Color Your Joy coloring book features stunning photography-turned-line-art illustrations from Watson’s extensive collection of bird and wildlife photos taken across the United States, from Florida to Alaska, and beyond. The hand-drawn images offer a serene, immersive experience designed to help individuals find calm and joy amidst daily stressors.

Why Color Your Joy?

Mindfulness & Stress Relief: The intricate line art is designed to foster mindfulness and help

individuals tap into the calming power of creativity.

**Accessible to All Ages:** The book is perfect for anyone, whether you're a seasoned artist or a beginner looking for a relaxing, creative outlet.

**Inspiration from Nature:** Each illustration is inspired by Watson's personal encounters with birds and wildlife, encouraging a deeper connection to the natural world.

The book is now available on Amazon and at select local retailers. It's ideal for anyone looking for a thoughtful gift or a personal way to unwind. Whether you're a bird lover, an art enthusiast, or someone seeking a meaningful way to reconnect with joy, *Color Your Joy* provides a beautiful way to rediscover the peace that nature and creativity can bring.



Book cover

#### About Tahmina Watson

Tahmina Watson is an award-winning immigration attorney, author, and podcaster based in Seattle, Washington. She is the founder of [Watson Immigration Law](https://www.watsonimmigrationlaw.com), a boutique law firm specializing in business immigration for startups and entrepreneurs. As an advocate for immigrant founders, Watson has written several books on immigration, including The Startup Visa series.

Beyond her legal expertise, Tahmina is passionate about personal wellness and mindfulness, which led her to discover birding and wildlife photography as a source of stress relief and creativity. She shares this journey with others through her Finding Joy series, including this latest project, *Color Your Joy*.

Available Now

*Color Your Joy: Bird and Wildlife Coloring Book* is available for purchase on Amazon and at local bookstores. Join Tahmina Watson on a peaceful journey into the heart of nature, where art and mindfulness come together to bring joy to your life.

For more information about the book and to stay updated on future releases, please visit [www.watsonimmigrationlaw.com](https://www.watsonimmigrationlaw.com)

Roxana Layoco  
Watson Immigration Law  
+1 206-292-5237

[email us here](#)

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