

Guardian Recovery - Montville Adolescent Center Now In-Network With AmeriHealth

Guardian Recovery announces that its Montville Adolescent Center is now in-network with AmeriHealth insurance, expanding access for adolescents.

MONTVILLE, NJ, UNITED STATES, May 8, 2025 /EINPresswire.com/ -- <u>Guardian Recovery</u> announces that its <u>Montville Adolescent Center</u> is now in-network with AmeriHealth insurance, expanding access to its specialized treatment programs for adolescents struggling with substance use disorders and mental health challenges.

The Montville Adolescent Center distinguishes itself through a comprehensive approach that addresses not only behavioral issues but also their underlying causes, empowering teens and families to rebuild their lives and relationships from the foundation up.

This specialized facility uniquely combines medical detoxification and residential care under one roof, in addition to <u>virtual treatment options</u>, creating a cohesive community of peers and professionals dedicated to adolescent recovery. The center's continuum of care extends beyond residential treatment through robust aftercare planning that prepares both teens and families for life after treatment.

Montville Adolescent Center employs a multifaceted approach specifically tailored for adolescents, integrating evidence-based therapies with medical supervision and counseling to address physical, psychological, and emotional aspects of recovery. The program specializes in treating substance use disorders while also addressing complex developmental trauma and cooccurring conditions. Understanding that each young person's journey is unique, the center creates individualized treatment plans that foster skills and resilience essential for sustained recovery. Daily schedules blend traditional therapeutic interventions with creative modalities including music, art, and movement therapy, making the healing process both effective and engaging.

Family involvement forms a cornerstone of treatment at Montville Adolescent Center, with regular communication protocols during both detox and residential phases. The comprehensive family program includes therapy sessions, support groups, and psychoeducational initiatives designed to repair family dynamics and strengthen connections. Academic continuity remains a priority, with the center actively collaborating with clients' home school districts to maintain attendance credits and curriculum alignment. Daily structured academic time ensures clients

stay on track educationally while focusing on their recovery.

For more information about Guardian Recovery's Montville Adolescent Center and coverage details through AmeriHealth, contact their admissions team directly.

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