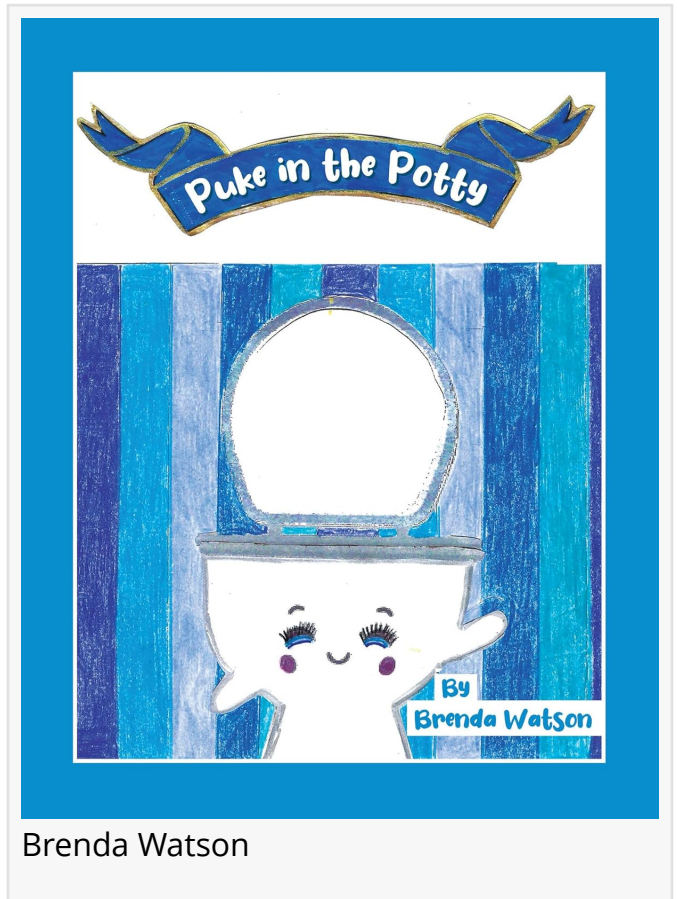


Brenda Watson's Puke in the Potty Offers a Humorous Take on Potty Training for Modern Families

A Go-To Favorite for Parents, Teachers, and Caregivers Tackling One of Childhood's Messiest Moments

BELLEFONTE, PA, UNITED STATES, May 7, 2025 /EINPresswire.com/ -- Since its debut, [Puke in the Potty](#) by Brenda Watson has continued to delight children and adults alike with its hilarious take on a situation every parent knows all too well. With its unique mix of humor, rhyme, and practical wisdom, this children's picture book has earned its place as a household favorite—and a lifesaver during life's least glamorous moments.

Available in paperback and e-book formats from [Amazon](#), Walmart, [Barnes & Noble](#), iTunes, and Google, Puke in the Potty is the book families didn't know they needed—until their toddler aimed for the carpet instead of the toilet.



Brenda Watson

Targeted at kids aged three and up, the story uses playful rhymes and vibrant illustrations to drive home a simple but crucial message: if you feel like you're going to throw up, head to the bathroom—please, puke in the potty! By addressing this all-too-common scenario with humor and heart, Brenda Watson turns an everyday parenting headache into a laughable, teachable moment.

Inspired by a real-life cleanup marathon involving her nephew—and her own childhood experiences—Watson crafted this story as both a tribute and a tool. "When my nephew started projectile vomiting, I was laughing at my sister's reaction—until three hours later when we were still cleaning the carpet and couch," she recalls. "I looked at her and said, 'Someone really needs to write a book to teach kids to puke in the potty.' And here we are."

Watson, who was born and raised in Bellefonte, Pennsylvania, brings an eclectic professional

background in corporate management, culinary arts, and music to her work as an author. Her creative spirit shines through in *Puke in the Potty*, which parents and educators now recommend as a must-have for every family bookshelf.

The book continues to receive praise for its blend of comedy and utility, helping kids feel more in control during sick moments while giving caregivers a welcome chuckle in the process. As Watson puts it, "Children's books can be silly and still serve a purpose. If this one helps even a few kids make it to the bathroom in time, I've done my job."

Watson is currently working on *Puke in the Potty 2*, promising more hilarity—and hygiene—to come.

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