

Inspiring and Heartwarming Picture Book Turns Stage Fright into Magic

JASON'S MAGICAL BUTTERFLIES by Somone Grier

PATERSON, NJ, UNITED STATES, May 14, 2025 /EINPresswire.com/ -- In her debut children's book, [JASON'S MAGICAL BUTTERFLIES](#), author Somone Grier introduces young readers to Jason, a budding magician who grapples with stage fright on the eve of his school's show-and-tell day.

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Somone Grier

Despite weeks of practice, Jason becomes overwhelmed with anxiety and fears messing up in front of everyone. But thanks to his friends, his parents and a supportive teacher, Jason learns that the butterflies in his stomach aren't something to hide from — they're magical, and they can help him soar.

The book's central metaphor stems from the common phrase "getting nervous butterflies" and comes alive in Jason's vivid dream the night before the show-and-tell.

Grier elaborates, "For me, this phrase means more than just confronting your fears; it signifies the understanding

that you don't have to let those fears prevent you from being your true self."

JASON'S MAGICAL BUTTERFLIES not only addresses performance anxiety but also emphasizes the importance of self-belief and the support of loved ones. Grier hopes that educators and parents will use this story to help children understand the importance of confronting their fears and to encourage open conversations about emotions.

Grier, a student at the Los Angeles Film School and mother of two, draws from personal experiences to craft Jason's journey. "Jason's character resonates with children because kids naturally have active imaginations," she explains. "Dealing with fears is never easy, but through Jason's journey, I aimed to create a fun way for children to nurture their imaginations and conquer their fears, no matter what those fears may be."

One reviewer says the book "creates a template for parents and children to have a conversation" about anxiety, and that children will walk away "feeling encouraged and reassured."

With JASON'S MAGICAL BUTTERFLIES, Grier has crafted more than a charming school story — she

has created an emotional blueprint for children and caregivers alike. Whether read at home or in the classroom, this book provides an accessible entry point to talk about big feelings and the courage it takes to share them.

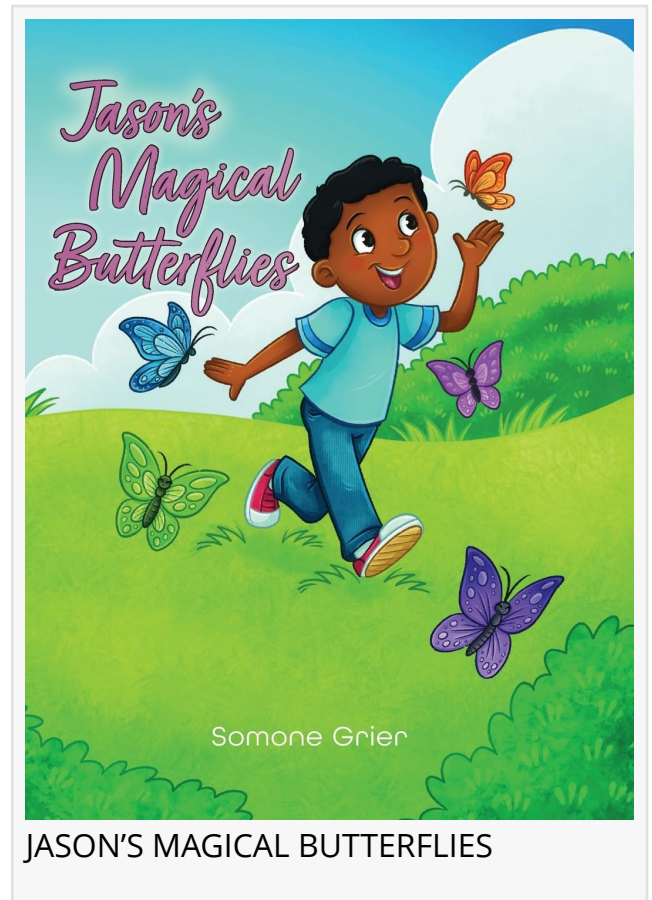
JASON'S MAGICAL BUTTERFLIES is the first book in a new series that follows Jason and his friends. The next two books, JASON, THE BOY WONDER! and JASON'S SELFLESS FIELD DAY, are already in the works.

JASON'S MAGICAL BUTTERFLIES is available on [Amazon](#) and other popular retail outlets where books are sold.

AUTHOR BIO

Somone Grier is a student at the Los Angeles Film School, graduating in March 2024. She has been writing stories since high school and one of her poems has been published. She lives in New Jersey with her two daughters.

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