

# Army Veteran Miguel De La Rocha Turns Trauma Into Triumph in Powerful Memoir F.A.T.E. – My Future After Traumatic Events

*An Inspirational Journey of Survival, Spiritual Awakening, and Reclaiming Purpose After the Darkness*

CA, UNITED STATES, May 7, 2025 /EINPresswire.com/ -- Presented by Atticus Publishing, F.A.T.E. – My Future After Traumatic Events is the raw and emotionally gripping memoir of Army combat veteran Miguel De La Rocha, who shares his extraordinary journey of survival, redemption, and resilience. This powerful narrative takes readers through the depths of trauma and betrayal, into a profound spiritual awakening, and ultimately toward healing and purpose.

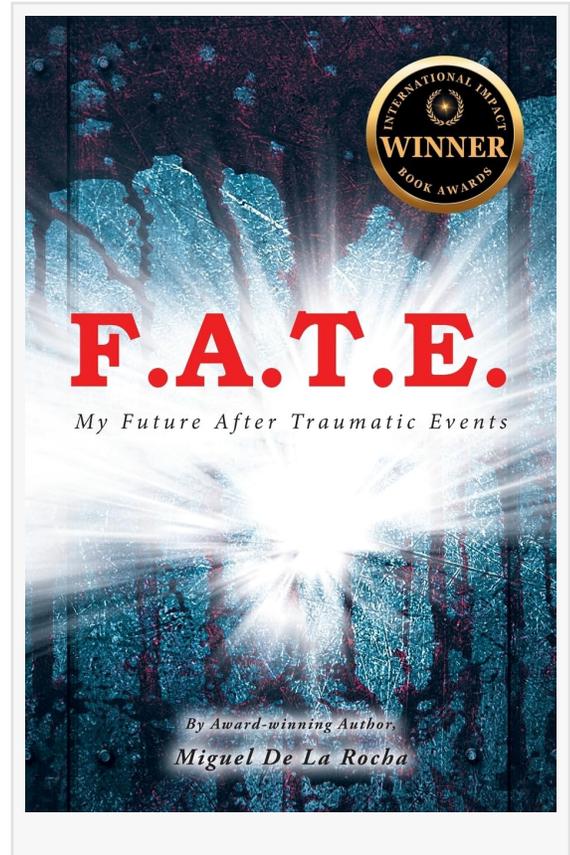
Having survived war, death, and devastating personal loss, Miguel refused to let pain be the final chapter of his story. Instead, he found purpose in the fire and now empowers others to do the same. Through his bestselling book and international speaking engagements, Miguel has become a beacon of hope for trauma survivors around the world.

“This book is my way of saying: You can come back from anything,” Miguel says. “You can rebuild, reimagine, and reclaim your life—no matter what you’ve been through.”

F.A.T.E. is more than just a memoir—it’s a roadmap for resilience. With unflinching honesty and spiritual insight, Miguel shares how he overcame the darkest chapters of his life and discovered his divine destiny. Readers are left with a single, powerful message: Semper Anticus—Always Forward.

About the Author:

Miguel De La Rocha is an international multi-award-winning author, Army combat veteran,



trauma guide, and inspirational speaker. His mission is to help others turn their pain into purpose and rewrite their futures. Through his story and teachings, he inspires people to rise from their past and step boldly into healing and transformation.

□ Learn more at: [www.Author-DeLaRocha.com](http://www.Author-DeLaRocha.com)

Atticus Publishing LLC

Atticus Publishing LLC

+ +1 (888) 800-1803

[email us here](#)

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