

# With Over 60 Years' Experience, Serenity Health Care Center Leads Functional Medicine in Milwaukee, WI

MILWAUKEE, WI, UNITED STATES, May 8, 2025 /EINPresswire.com/ -- [Serenity Health Care Center](#), the largest integrative and functional medicine practice in the Midwest, is proud to mark over 60 years of combined medical expertise, providing personalized, root-cause-focused healthcare to the Milwaukee-Waukesha community and beyond.

Founded in 2011, Serenity Health Care Center has become a trusted leader in alternative and functional medicine, offering patients a unique blend of traditional and complementary treatments. With a team of Board-Certified Anti-Aging and Regenerative Medicine specialists, ILADS-trained Lyme disease experts, and Shoemaker-trained mold toxicity professionals, the center delivers comprehensive care tailored to each individual's health journey.

"At Serenity, we believe that optimal wellness comes from understanding and addressing the root cause of health issues—not just the symptoms," says Dr. Debra Muth, founder of Serenity Health Care Center and a respected educator at Trinity School of Natural Health. "Our integrative approach allows us to offer advanced therapies that restore balance and vitality for patients of all ages."

The clinic specializes in a wide range of services including hormonal balance, weight management, regenerative medicine, [IV therapies](#), mitochondrial health, and chronic disease treatment. Serenity Health Care Center is particularly known for its success in treating complex conditions such as Lyme disease, mold toxicity, hormonal imbalances, and traumatic brain



injuries through innovative therapies like Ozone IP Therapy, EBU (Extracorporeal Blood Oxygenation), and Shock Wave treatments.

With a commitment to cutting-edge diagnostic tools and personalized care plans, Serenity Health Care Center has attracted patients from across the United States and internationally via in-person and Telehealth services. The center's emphasis on IV therapies solutions, including the Skinny injection and GLP-1 therapies.

As Serenity Health Care Center looks to the future, its mission remains clear: to provide a path to healing that empowers individuals to reclaim their health and live vibrant, fulfilling lives.

For more information, visit <https://serenityhealthcarecenter.com> or contact 262-522-8640.



Functional Medicine Doctor in Milwaukee, WI



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At Serenity, we believe that

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