

Restoration Health 365 Opens in Jericho, NY, Bringing Personalized Health Optimization and Advanced Testing

Drs. Lawrence Kessler & Scott Flashner proudly announces the grand opening of Restoration Health 365, a new physician-led wellness clinic in Jericho, NY

JERICO, NY, UNITED STATES, May 9, 2025 /EINPresswire.com/ -- Dr. Lawrence Kessler & Dr. Scott Flashner proudly announces the grand opening of [Restoration Health 365](#), a new physician-led wellness clinic in Jericho, New York, offering comprehensive health optimization services designed to help individuals live longer, stronger, and better. As part of the clinic's commitment to advanced diagnostics and data-driven care, Restoration Health 365 has partnered with [DEXASCAN.COM](#), the nation's leading platform for DEXA body composition and metabolic testing.



Dr. Lawrence Kessler, Co-Founder Restoration Health 365

"At Restoration Health 365, we're redefining what healthcare can look like when prevention, personalization, and performance come first," said Dr. Kessler. "Our partnership with DEXASCAN.COM allows us to bring clinically precise diagnostics like DEXA scans, RMR, and VO2 testing to our clients—helping us take the guesswork out of wellness."

Evidence-Based Services for Total Health

Restoration Health 365 is designed for individuals who want to take control of their health before disease develops.

Services offered include:

Personalized Weight Loss Programs –
Guided by metabolic testing and
personalized meal planning

Hormone Balance and BHRT –
Supporting vitality and longevity
through safe, science-backed hormone
optimization

Targeted Exercise and Movement Plans
– Created from VO2 max and
biomechanical assessments

IV Therapy and Cellular Replenishment
– For nutrient support, immune
resilience, and anti-aging benefits

Resting Metabolic Rate (RMR) & DEXA
Scans – In partnership with
DEXASCAN.COM for accurate fat, lean
mass, and metabolic rate testing



Dr. Scott Flashner, Co-Founder Restoration Health
365

These services work in synergy to help clients feel better, move better, and age well—backed by
real health data and physician oversight.

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At Restoration Health 365,
our mission is to empower
patients with real data,
targeted therapies, and a
personalized approach that
puts them back in control of
their health journey.”

*Dr. Scott Flashner, Co-
Founder Restoration Health
365*

The Power of Precision Testing with DEXASCAN.COM

Clients at Restoration Health 365 can access:

DEXA Body Composition Analysis – The gold standard for
measuring fat, muscle, and bone density

Resting Metabolic Rate (RMR) – To understand caloric
needs and tailor nutrition

VO2 Max Testing – To track cardiovascular fitness and
longevity markers

With these insights, Drs. Kessler & Flashner and their team develop tailored roadmaps for long-
term wellness, weight management, and performance enhancement.

About Restoration Health 365

Located in the heart of Long Island, Restoration Health 365 is more than a wellness clinic—it's a destination for people who are ready to take ownership of their health. Led by Dr. Kessler, the practice integrates modern medicine with functional diagnostics, hormone health, metabolic assessments, and lifestyle design. To learn more visit: [RestorationHealth365.com](https://www.RestorationHealth365.com)

Location:

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