

Award-Winning Morning Show 'The Balancing Act' Presents Mission Matrimony from Mexico City

Jared and Sydney Bowman received a 10-year vow renewal celebration at Live Aqua Urban Resort, courtesy of The Balancing Act, airing May 12th & 20th on Lifetime.

FORT LAUDERDALE, FL, UNITED STATES, May 9, 2025 /EINPresswire.com/ -- [The Balancing Act](#), the long-running, award-winning morning show on Lifetime TV, is proud to unveil a heart-warming new special, Mission Matrimony, spotlighting the enduring love story of Jared and Sydney Bowman, previously seen on this season of [Military Makeover](#) with Montel, as they celebrate their 10-year wedding anniversary with a touching vow renewal in vibrant Mexico City.

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Andrea Ocampo, Host of Mission Matrimony

The Balancing Act co-host, Andrea Ocampo, accompanied the Bowman's to highlight their journey and filmed on location at the luxurious Live Aqua San Miguel de Allende. The special episode captures the magic of recommitment while offering a deeper reflection on the beautiful love, resilience, and partnership the Bowman's share. The

Bowmans, who originally honeymooned in Mexico, return to reignite their love in a curated experience that blends romance, culture, and luxury amenities designed specifically for them by the hotel. From sharing their story to savoring the benefits of Mexican hospitality, the episode brings viewers along on a touching and emotional journey.

“This episode is about more than just vows—it's about choosing love again and again, through life's highs and lows,” said Andrea Ocampo. “The Bowmans remind us that real relationships are built on growth, intention, and celebrating each season together.”

The couple's renewal ceremony, set against the elegant backdrop of Live Aqua's spectacular gardens, features authentic cuisine and intimate moments that make for must-see television.

The Balancing Act Presents Mission Matrimony will air on May 12th and 20th at 7:30 a.m. ET/PT

on Lifetime.

To learn more or stream past episodes, visit
TheBalancingAct.com
<https://www.thebalancingact.com>.

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About The Balancing Act® The Balancing Act® is a morning show created and produced by [BrandStar](#) that offers sensible solutions and essential information in a fun, entertaining format; providing resources to help people do life better. The Balancing Act features everything from delicious recipes, style makeovers and dream getaways to parenting tips and the latest news in health and wealth. Tune in to The Balancing Act weekdays at 7:30 a.m. (ET/PT) on Lifetime® and find all previously aired episodes on TheBalancingAct.com.



Mission Matrimony - The Balancing Act

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