

# RPM Healthcare Study on Stage 2 Hypertension Published in The American Journal of Managed Care

ST. PETERSBURG, FL, FL, UNITED STATES, May 9, 2025 /EINPresswire.com/ -- RPM Healthcare is proud to announce the publication of its peer-reviewed study, "[Effect of Remote Patient Monitoring on Stage 2 Hypertension](#)," in [The American Journal of Managed Care \(AJMC\)](#), one of the most respected journals in the healthcare field.

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We've long believed in the power of proactive, patient-centered care. This study reinforces that belief with clinical evidence.”

*Fabrizio Gambino, President  
of RPM Healthcare*

This milestone represents a major moment for the RPM Healthcare team, whose research demonstrates the measurable impact of Remote Patient Monitoring (RPM) on reducing blood pressure in patients with Stage 2 hypertension. The study highlights how real-time monitoring, timely interventions, and data-driven engagement can support better outcomes and reduce strain on traditional clinical systems.

The full article is now available online: [Read the study](#).

"This publication is more than a scientific achievement, it's a validation of our model and mission," said Fabrizio Gambino, President of RPM Healthcare. "We've long believed in the power of proactive, patient-centered care. This study reinforces that belief with clinical evidence."

Co-authored by RPM Healthcare's Clinical Advisor, Dr. Irina Koyfman, DNP, NP-C, RN and Chief Medical Officer, Lyle Dennis, MD, the study went through a rigorous editorial and peer review process prior to publication, affirming the strength of RPM Healthcare's approach and its ability to make a measurable difference in patient outcomes.

The print version of the study is slated for release in AJMC's August/September issue.

For media inquiries, please reach out to our Marketing Advisor, Victoria F. Vega at: [victoriav@rpmhealthcare.com](mailto:victoriav@rpmhealthcare.com). For more information, please visit: [rpmhealthcare.com](http://rpmhealthcare.com)

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## About RPM Healthcare:

RPM Healthcare is a leader in Remote Patient Monitoring (RPM), delivering real-time health insights and proactive chronic care management. Our all-in-one platform empowers patients, enhances provider workflows, and improves clinical outcomes through connected devices, personalized care coaching, and data-driven interventions. For more information, please visit: [rpmhealthcare.com](https://rpmhealthcare.com)

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