

# Team Tooke Mixed Martial Arts Launches Kids Brazilian Jiu-Jitsu & Character Enrichment Program

*Team Tooke Mixed Martial Arts, a martial arts academy in Houston, is proud to announce the launch of its Kids Brazilian Jiu-Jitsu Character Enrichment Program.*

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Empowering Children and Families in Houston with Authentic Training, Teamwork, and Community



[Team Tooke Mixed Martial Arts](#), a premier martial arts academy in Houston, is proud to announce the launch of its new Kids Brazilian Jiu-Jitsu and Character Enrichment Program. Designed for children of all ages and families seeking authentic martial arts training, the program emphasizes teamwork, community, and the development of strong character traits both on and off the mat.

“

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*Travis Tooke*

“Team Tooke has always been about more than just martial arts—we’re about building well-rounded individuals,” says Travis Tooke, owner and head instructor at Team Tooke Mixed Martial Arts. “Through our Kids Brazilian Jiu-Jitsu classes, we want to instill values of respect, integrity, and self-confidence. By learning these lessons in a supportive environment, our students become better teammates,

leaders, and community members.”

## What Sets Team Tooke Apart

**Authentic Martial Arts Training:** Every class is led by highly trained and passionate coaches who focus on proper technique and safety.

**Teamwork & Community:** The academy fosters a family-like atmosphere, where students encourage and support each other’s growth.

Character Development: In addition to self-defense techniques, children learn life skills such as respect, discipline, and confidence, giving them valuable tools to succeed in all areas of life.

### Praise from Families

Families who have experienced Team Tooke's programming commend the quality of instruction and the positive environment. One parent shares:

"We have been going to the school for over a year now. The coaches are fantastic and there is a real family atmosphere in every aspect of the academy. The owner and manager make themselves available for the students and parents throughout the day and are very personable. The training is very manageable for young children. The coaches do a great job making sure the kids stay engaged and safe during practice. They not only work on BJJ but they work on personal/life skills with the children in each session. Each student is expected to be respectful to the coach and to each teammate. I am very impressed with the effort that the coaches put into making sure the kids learn BJJ and proper etiquette. This is a great academy to learn, train, and grow your martial arts skills!!!"

### About Team Tooke Mixed Martial Arts

Team Tooke Mixed Martial Arts is a leading martial arts academy in Houston dedicated to fostering athletic excellence, personal growth, and community spirit. Through its high-caliber Brazilian Jiu-Jitsu, Muay Thai, and Mixed Martial Arts programs, Team Tooke has cultivated a reputation for authenticity, discipline, and respect.

### Join Us

Families interested in enrolling their children in the Kids Brazilian Jiu-Jitsu and Character Enrichment Program are encouraged to visit the academy or contact Team Tooke for more information. Classes are open to all skill levels, and new students can take advantage of introductory offers.

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