

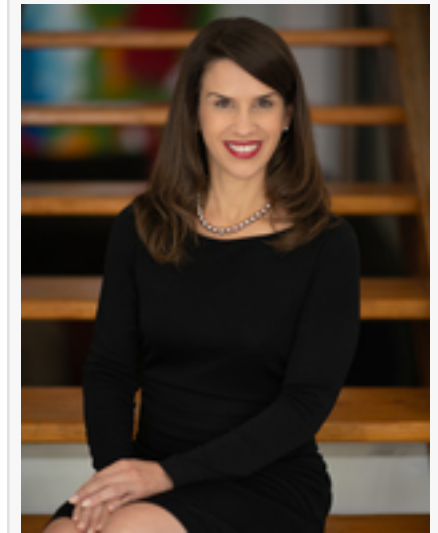
Sol Endocrinology Highlights the Critical Link Between PCOS and the Endocrine System

Sol Endocrinology specializes in hormone health, offering evidence-based care for PCOS and related endocrine disorders.

DALLAS, TX, UNITED STATES, May 12, 2025 /EINPresswire.com/ -- [Sol Endocrinology](#), a leading medical practice specializing in hormone health, is raising awareness about Polycystic Ovary Syndrome (PCOS) and its direct connection to the endocrine system. With a focus on evidence-based, patient-centered care, the clinic provides medical expertise for women experiencing complex hormonal imbalances, including PCOS.

Understanding PCOS as an Endocrine Disorder

Polycystic Ovary Syndrome affects an estimated 10% of women of reproductive age and is one of the most prevalent endocrine disorders. Often misunderstood as a strictly gynecological issue, PCOS originates from deeper dysfunction within the endocrine system—the network of glands that regulates hormone production and balance throughout the body.



“

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Dr. Erin Roe

“PCOS is a systemic condition driven by hormonal imbalances, including elevated androgens and insulin resistance,” explains Dr. Erin Roe, founder of Sol Endocrinology. “It can impact many aspects of health, from reproductive function to metabolism and cardiovascular risk.”

A Range of Symptoms with Long-Term Health

Implications

Women with PCOS often experience symptoms such as:

- Irregular or missed periods
- Weight gain or difficulty losing weight
- Acne and excessive hair growth
- Thinning hair or scalp hair loss
- Fatigue and mood changes

These symptoms are the result of hormonal disruptions that, if left untreated, may lead to serious long-term conditions such as type 2 diabetes, high cholesterol, infertility, and increased risk of heart disease.

Evidence-Based Treatment Options
At Sol Endocrinology, the team uses proven, science-based approaches to diagnose and manage PCOS. This includes comprehensive lab testing, imaging when appropriate, and personalized medical treatment plans that may involve lifestyle guidance, insulin-sensitizing medications, or hormonal therapy.



“We approach PCOS through the lens of clinical endocrinology,” says Dr. Roe. “Every decision we make is grounded in the latest research and tailored to the individual needs of each patient.”

About Sol Endocrinology

Sol Endocrinology is a trusted provider of advanced endocrine care for conditions such as PCOS, thyroid disease, menopause, adrenal disorders, and metabolic health concerns. The clinic is committed to delivering evidence-based medicine in a supportive environment, helping patients achieve hormonal balance and overall wellness.

Dr. Erin Roe

Sol Endocrinology

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