

# Better Days Treatment Center Publishes Informative Resource to Provide Clarity for Prospective Patients

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Anaheim, California – Better Days Treatment Center is happy to announce that it has recently published a new informative resource, 'Can I Go to Rehab Without Losing My Job or My Family?', which has been written to provide clarity for prospective patients who are deciding whether or not to commit to treatment.

With years of experience in drug addiction treatment, inpatient rehab, alcohol abuse treatment, and Couples Rehab in Orange County, Better Days Treatment Center's new online resource tackles the most common concerns posed by prospective patients and offers a combination of actionable advice and strategies to ensure peace of mind.

Some of the main points of the resource include:

## How Rehab Can Protect a Job

Some laws and programs protect individuals when they decide to seek treatment, such as the Family and Medical Leave Act (FMLA), the Americans with Disabilities Act (ADA), and Employee Assistance Programs (EAP), which also may include referrals for treatment.

## Treatment can Support Families

Addiction often causes hurt, distance, and confusion in families. Choosing rehab is an individual's first step toward repairing that. Treatment can support relationships in several different ways, including:

**Family Counseling:** Many programs include sessions where loved ones can join and heal together.

**New Communication Tools:** Rehab teaches how to listen, express emotions, and rebuild trust.

**Showing Up Better:** Individuals will come back more present, responsible, and emotionally available — someone their family can rely on.

Rehab doesn't always mean checking into a 30-day facility with zero contact. Individuals are free to make their own choices and select treatment that can work around their responsibilities. From outpatient rehab that enables patients to live at home and attend therapy during the day or evenings to custom plans, Better Days Treatment Center offers treatment that perfectly fits an individual's life.

"If this question — "Can I go to rehab without losing my job or family?" — has been keeping you stuck, it's time to talk. Reach out to Better Days Treatment for a confidential, no-pressure conversation," said a spokesperson for the treatment facility. "We'll walk you through your options, your rights, and how to create a plan that protects what matters most while helping you heal. You don't have to lose your life to save it. You just have to take that first step."

Better Days Treatment Center invites individuals to call (844) 991-3135 to speak to a specialist

today.

#### About Better Days Treatment Center

With over 40 years of experience offering leading inpatient rehab services, Better Days Treatment Center is an established rehab community that provides patients with a safe, calm, and supportive environment to receive customized treatment and tailored therapy to attain lifelong sobriety.

#### More Information

To learn more about Better Days Treatment Center and its new informative resource, 'Can I Go to Rehab Without Losing My Job or My Family?', please visit the website at

<https://betterdaystreatment.com/>.

Source: <https://thenewsfront.com/better-days-treatment-center-publishes-informative-resource-to-provide-clarity-for-prospective-patients/>

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