

# Form & Function Introduces Exomind: A Revolutionary Device for Mental Wellness

EAST MEADOW, NY, UNITED STATES, May 13, 2025 /EINPresswire.com/ -- Form & Function Aesthetics and Wellness is excited to announce the addition of [Exomind](#), a new mental wellness treatment, to their range of innovative therapies. Exomind, FDA-cleared for the treatment of mental wellness concerns, is a non-invasive, drug-free device designed to support brain function by stimulating key areas of the brain to encourage healthy activity and enhance neural connectivity.

"We believe true wellness starts from within," says Dr. Linda Harkavy, Founder and Medical Director of Form & Function. "Exomind represents an exciting new approach to mental wellness. It addresses the mind as an important part of overall well-being, offering support for individuals looking to [manage anxiety](#), brain fog, and other mental wellness concerns. Patients have reported feeling more centered, less anxious, and more in control after treatment, which aligns with our goal of providing holistic wellness solutions."



Exomind utilizes ExoTMS™, a patented technology based on second-generation transcranial magnetic stimulation (TMS). This therapy has been developed over a decade, with extensive research to ensure its safety and effectiveness. The treatment works by stimulating areas of the brain involved in emotional regulation, cognitive function, and self-control, providing a non-invasive option for those seeking support in their mental wellness journey.

## Key Benefits of Exomind:

- Under 30 minutes per session – Quick and easy with minimal disruption to daily life
- Walk-in, walk-out – No downtime, allowing for immediate resumption of normal activities
- Non-invasive and drug-free – A safe alternative for individuals seeking options beyond traditional pharmaceutical treatments
- Science-backed – Exomind is based on over a decade of research

"At Form & Function, we understand the critical role the mind plays in overall wellness," adds Dr. Harkavy. "Exomind is more than just a device; it is part of our commitment to offering advanced,

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...We understand the critical role the mind plays in overall wellness. Exomind is more than just a device; it is part of our commitment to offering advanced, holistic wellness treatments.”

*Dr. Linda Haravy*

holistic wellness treatments. Our mission is to support the well-being of every patient in a comprehensive way.”

Exomind is designed for individuals interested in supporting their mental wellness, with sessions lasting under 30 minutes. The treatment has no downtime, making it easy to incorporate into daily life.

About Form & Function Aesthetics and Wellness

Form & Function is a wellness and aesthetics practice located in East Meadow, NY. Founded by Dr. Linda Harkavy, Form & Function is dedicated to offering state-of-the-art

treatments that address both the appearance and well-being of every individual. The practice combines innovative, non-invasive procedures with a holistic approach to help patients feel confident and healthy from the inside out.

For more information on Exomind or to schedule a consultation, visit <https://formandfunctionaesthetics.com/> or call (516) 515-9113.

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