

Elysium in Dallas Launches The Divine Rebirth Initiation: A Private 90-Day Spiritual Mentorship for Women

Applications are now open for this transformational journey of Kundalini Yoga, Reiki frequency healing, and devotional sovereignty beginning June 25, 2025.

DALLAS, TX, UNITED STATES, May 13, 2025 /EINPresswire.com/ -- [Elysium, the premier spiritual healing atelier in Dallas, Texas](https://Elysium.the-premier-spiritual-healing-atelier-in-Dallas-Texas), announces the launch of The Divine Rebirth Initiation, a private 90-day mentorship designed for women seeking deep spiritual transfiguration. This high-touch container, beginning June 25, 2025, blends traditional Kundalini Yoga, frequency-based energy healing, and sacred spiritual discipline.

Founded by Miriam Ananda Savitri Kaur, Energetic Sovereignty Guide and daily practitioner of classical Kundalini Yoga, Elysium is known for offering a refined, spiritually rigorous path for those ready to rise into higher alignment. The Divine Rebirth Initiation is a consecrated journey for the soul, guided through consistent practice, energetic recalibration, and divine remembrance.

Lineage-Rooted and Frequency-Led

Elysium is anchored in two sacred Dallas locations:



The Elysium crest — a gold-embossed monogram framed by laurel, ribbon, and crown — represents spiritual sovereignty, refinement, and the sacred identity of Elysium, Dallas's premier destination for Kundalini Yoga and Reiki frequency-based energy healing.

Daily Kundalini Yoga classes are offered at Atma Bhakti Yoga Center, 6315 Lindsley Avenue.

Private Reiki and frequency healing treatments take place globally and locally within The Health Collective, 10670 North Central Expressway, Suite 110.

Treatments are available in curated packages to support long-term vibrational transformation. This structure enables clients to experience healing not as a one-time event, but as an ongoing process of realignment and refinement.

Miriam's teaching lineage is rooted in the classical transmission of Kundalini Yoga as taught by Yogi Bhajan. Her formal training includes study with Nirvair Singh Khalsa, Adarsh Kaur, and ongoing mentorship under Rachel Sat Siri, with foundations in the Kundalini Research Institute tradition. She also studied at Ra Ma Yoga Institute, blending traditional yogic wisdom with modern embodiment.



A visual metaphor for the moment a woman says yes to spiritual healing — stepping into the golden threshold of sovereignty. This fine art image reflects the soul-awakening journey offered through Elysium's Divine Rebirth Initiation, a 90-day spiritual men

Her path as an energy healer began with attunements at Enchanted Forest Reiki Center and culminated in Master Teacher certification under Lisa Powers. She pursued multidimensional energy training through Mayastar Academy and currently receives private mentorship from Jaidyn Anderson, known for her subtle frequency mastery. Miriam's ceremonial education also includes initiatory work under Lynda Bourne of the School of Spiritual Enlightenment and priestess training with Sharon Ramel, whose teachings inform the lunar and seasonal rhythms of Elysium's work.

A Return to Lineage in Dallas

Elysium is the only known studio in Dallas proper offering daily traditional Kundalini Yoga by a teacher trained at the ashram under the original KRI lineage. This frequency and integrity of offering is rare not just locally but nationally. Two longtime Dallas practitioners, former students of Ashram-trained teachers, immediately recognized the authenticity of Miriam's teaching and now attend regularly to sustain the elevated energetic state they had missed for years.

Spiritual Impact and Case Studies

Elysium's first Luminous Initiation was held under the Libra Full Moon in early May 2025. The 3-hour pre-dawn immersion drew women from across Dallas into a silent, breath-focused meditation designed to cleanse karmic residue and awaken intuitive knowing. Participants reported shifts including enhanced clarity, emotional lightness, increased synchronicity, and dream-state revelations. One client described the experience as "a recalibration into God's original blueprint for my life."

With the completion of its first Luminous Initiation and the launch of multiple lunar-based events, Elysium is now documenting anonymized case studies across its Frequency Infusion Treatments, Lunar Immersive Journeys, and Divine Rebirth Initiation mentorships.



A luminous embodiment of The Divine Rebirth Initiation — this image captures the soul of Elysium's 90-day spiritual mentorship, where Reiki energy healing frequency infusion, Kundalini Yoga, and sacred ritual lead women into sovereign transformation.

The Divine Rebirth Initiation: A Sacred Offering

This 90-day experience is for women called to step beyond self-help into sacred rebirth. Each mentorship includes:

Daily spiritual disciplines (Kundalini Yoga, frequency self-healing)

Bi-weekly frequency recalibrations

One-on-one spiritual integration sessions

Private mentorship and daily energetic support

Clients often arrive at this threshold after other modalities have plateaued. They are not seeking another course or a temporary high but real, measurable transformation through consistency, grace, and divine alignment.

Faith-Centered and Universally Welcoming

Miriam is a devout Catholic and honors the primacy of a sacred relationship with God in all healing work. While grounded in her own spiritual devotion, her work integrates respectfully across all major religious paths. Elysium welcomes practitioners of Christianity, Judaism, Islam, Hinduism, Sikhism, Buddhism, the Bahá'í Faith, Mormonism, and beyond.

About the Founder

Miriam Ananda Savitri Kaur has walked a profound spiritual path, from trauma, exile, and fragmentation to devotion, discipline, and light. Her healing journey began with Reiki, evolved through daily Kundalini Yoga, and matured through priestess rites and energetic mastery. She holds space not just as a guide, but as a witness for women remembering who they are at the soul level.

Elysium's Core Offerings:

The Divine Rebirth Initiation: Private 90-day spiritual mentorship

Luminous Initiations: Full moon meditative immersions held pre-dawn

Lunar Immersive Journeys: New and full moon rituals, held monthly

Daily Practices: Traditional Kundalini Yoga classes offered seven days a week

Frequency Infusion Treatments: Energetic recalibrations offered in curated packages

Location & Contact:

[Elysium Dallas Kundalini Yoga and Reiki Energy Healing Treatments](#)

Yoga Atelier: Atma Bhakti Yoga Center, 6315 Lindsley Ave, Dallas, TX 75223

Healing Spa: The Health Collective, 10670 N Central Expy, Suite 110, Dallas, TX 75231

Global Access: Frequency Infusion Treatments and The Divine Rebirth Initiation are also available virtually

To inquire about The Divine Rebirth Initiation or to schedule a consultation, visit www.elysium.spa or email miriam@elysium.spa.

Miriam Ananda Savitri Kaur

Elysium

+1 214-888-2276

miriam@elysium.spa

Visit us on social media:

[LinkedIn](#)

[Instagram](#)

[Facebook](#)

[TikTok](#)

[X](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/812321069>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2025 Newsmatics Inc. All Right Reserved.