

# Unparalleled Performance & Motivation Champs Media Announce Children's Book and Wellness Initiatives Inspired by the 5Ls

PITTSBURGH, PA, UNITED STATES, May 15, 2025 /EINPresswire.com/ -- Unparalleled Performance, in collaboration with the publishing division of [Motivation Champs](#) Media, is proud to share exciting news: the upcoming release of the fully illustrated children's book *Finny and The 5Ls*, inspired by the internationally acclaimed and #1 bestselling book *The 5Ls – The Gift of a Balanced Life*. The official release date for *Finny and The 5Ls* will be announced soon.

*Finny and the 5Ls* is designed to introduce young readers to the powerful life lessons of balance, purpose, and resilience. Rooted in the same science-backed principles as the original adult book, this children's edition delivers essential emotional tools for navigating life's challenges—messages that are vital at every age.

The 5Ls—Love, Laughter, Learning, Labor, and Leisure—form the foundation of Unparalleled Performance's groundbreaking wellness program. This transformative, evidence-based program equips individuals with real, actionable tools to overcome adversity and achieve true work-life balance.

## [A Program](#) That Works—for Everyone

The 5Ls wellness program is more than just inspiration—it's impact. By improving employee engagement, retention, productivity, and well-being, organizations using The 5Ls are seeing



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measurable results, including reduced burnout and higher satisfaction across teams. Whether through in-person workshops, virtual trainings, keynote presentations, or special events, the 5Ls approach empowers people from all walks of life—students, professionals, and leaders alike—to live with purpose and clarity.

"The 5Ls - The Gift of a Balanced Life" facilitates the ongoing pursuit of equilibrium in five essential life areas. It's not about perfection—it's about awareness and action."

As we expand our reach through Finny and The 5Ls, Unparalleled Performance continues its mission to make emotional wellness and personal growth accessible to all ages.

For partnership inquiries, corporate wellness training, or to be the first to receive the release date for Finny and The 5Ls, contact us today at [info@unparalleledperformance.com](mailto:info@unparalleledperformance.com).

#### About Unparalleled Performance:

Unparalleled Performance delivers dynamic wellness programming rooted in science and real-world results. Through workshops, events, and consulting, we help individuals and organizations discover a pathway to balance, well-being, and success.

#### About Motivation Champs Media:

Motivation Champs Media is a platform dedicated to sharing inspiration 24/7 through storytelling, publishing, and media. The publishing division collaborates with authors, thought leaders, and creatives to bring impactful stories to life.

Stay tuned. The journey of Finny—and the path to balance—is just beginning.

For media inquiries, interviews, or speaking engagements:

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