

FeastFast Launches Today: Revolutionizing the Cookie Industry with Sugar-Free, Gluten-Free, and Keto-Friendly Treats

VT, UNITED STATES, May 16, 2025 /EINPresswire.com/ -- Cookies have long been considered the nemesis of healthy eating, but [FeastFast](#) is here to change that. Officially launching today, May 16th, FeastFast is redefining snacking with its plant-based, non-GMO, gluten-free, sugar-free, and low-carb cookies designed to support intermittent fasting, keto diets, and blood glucose management.

"Many people can't have sugar and gluten due to underlying health conditions or lifestyle choices, but that doesn't mean they don't deserve a treat," says Joshua Sizemore, CEO of FeastFast. "We created FeastFast to give everyone the ability to indulge in a delicious cookie without compromising their health goals."



FeastFast Chocolate Chip Cookies

Why FeastFast Cookies Stand Out:

Zero Sugar Impact - None of the ingredients convert into sugars when digested, making them a great choice for diabetes management and blood glucose stability.

Keto-Friendly - Low-carb with no sugars, these cookies seamlessly fit into ketogenic lifestyles.

Fasting Support - Perfect for snacking during intermittent fasting to curb hunger without breaking ketosis.

A Healthier Way to Indulge - Enjoy a satisfying treat without the guilt or negative health impacts of traditional cookies.

Delicious, Impactful Flavors - Available in Peanut Butter, Chocolate Donut, Cinnagraham, and Chocolate Chip, there's a flavor for every preference.

With the rise of fasting, keto, and sugar-conscious diets, FeastFast is stepping in at the perfect time to provide a truly guilt-free snacking solution.

For media inquiries, sample requests, or to schedule an interview with FeastFast's CEO, please contact:

Alyssa Thompson
Gal Media Group
alyssa@galmediagroup.com

Website: www.feastfast.co

Alyssa Thompson
Gal Media Group
alyssa@galmediagroup.com

Visit us on social media:

[Instagram](#)

[Facebook](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/813172538>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2025 Newsmatics Inc. All Right Reserved.