

# Global Lactose Free Food Market Forecast To Reach \$29103.34 Billion By 2029 With 11.7% Annual Growth

*The Business Research Company's Global Lactose Free Food Market Forecast To Reach \$29103.34 Billion By 2029 With 11.7% Annual Growth*

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Lactose Free Food Global Market Report 2025 –  
Market Size, Trends, And Global Forecast 2025-2034

Will the Lactose Free Food Market Continue to Grow in the Coming Years?

The lactose free food market size has grown rapidly in recent years. It is estimated to grow from

\$16837.62 billion in 2024 to \$18664.86 billion in 2025, marking a compound annual growth rate CAGR of 10.9%.

The significant growth during the historic period can be attributed to factors such as increasing awareness of lactose intolerance, greater emphasis on health consciousness, larger prevalence of lactose intolerance, diversification of product offerings, and global shifts in dietary preferences.

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It will grow to \$29103.34 billion in 2029 at a compound annual growth rate (CAGR) of 11.7%.”

*The Business Research  
Company*

Looking ahead, the lactose free food market size is expected to witness rapid expansion in the near future. It is projected to reach \$29103.34 billion in 2029, with a compound annual growth rate CAGR of 11.7%. This growth during the forecast period can be attributed to sustained trends in health and wellness, innovation in product formulations, increasing demand for plant-based alternatives, expansion of E-Commerce, the rise of customized nutrition solutions, and fruitful collaborations and partnerships across the industry.

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## What is Driving the Growth of the Lactose-Free Food Market?

Rising changes in health-conscious consumers and lifestyles are set to propel the lactose-free food market's growth. As more and more consumers become health-conscious and mindful about their dietary choices and daily routines, there is an increasing demand for lactose-free foods to improve digestive health, overall well-being, and cater to specific dietary preferences or restrictions.

## Which Industry Players are Driving the Lactose-Free Food Market Growth?

Key industry players including Cargill Inc., Nestlé SA, Groupe Lactalis SA, Danone SA, General Mills Inc., Land O Lakes Inc., Arla Foods Ltd., Fonterra Co-operative Group Limited, Kerry Group plc, Emmi AG, HP Hood LLC, Valio Ltd., TINE SA, Organic Valley Family of Farms., Amy's Kitchen Inc., Freedom Foods Group Limited, Daiya Foods Inc., Edlong Dairy Technologies, OMIRA Oberland-Milchverwertung GmbH, Galaxy Nutritional Foods Inc., Green Valley Organics Foods Ltd., McNeil Nutritionals LLC, Parmalat SpA, Alpro Products Ltd., Dean Foods Co. are influencing substantial growth within the lactose free food market.

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## What New Innovations are Emerging within the Lactose-free Food Market?

There is an increasing trend among major companies operating in the lactose-free food market towards the development of product innovations like lactose-free Greek yogurt to meet the growing demand for lactose-free foods and broaden their product portfolio. Lactose-free Greek yogurt made with A2 milk from Indian cows and live Icelandic cultures, is a promising innovation in this burgeoning market. Unlike traditional Greek yogurt, it is also low in fat and sugar and contains no preservatives.

## How is the Lactose Free Food Market Segmented?

The lactose free food market is segmented:

1 By Type: Lactose-Free Products, Lactose-Reduced Products

2 By Technology: Chromatographic Separation, Acid Hydrolysis, Membrane Reactor

3 By Distribution Channel: Super markets/Hyper markets, Online Stores, Other Distribution Channels

4 By Application: Milk, Cheese, Yogurt, Ice-Cream, Non-Dairy Products, Other Applications

Subsegments:

1 By Lactose-Free Products: Lactose-Free Milk, Lactose-Free Yogurt, Lactose-Free Cheese,

Lactose-Free Ice Cream, Lactose-Free Butter And Margarine

2 By Lactose-Reduced Products: Reduced-Lactose Milk, Reduced-Lactose Yogurt, Reduced-Lactose Cheese, Reduced-Lactose Ice Cream, Reduced-Lactose Cream And Sour Cream

What are the Regional Dynamics of the Lactose Free Food Market?

In 2024, Asia-Pacific was the largest region in the lactose free food market. Western Europe closely followed as the second-largest region in the global lactose free food market. The regions covered in the lactose free food market report include Asia-Pacific, Western Europe, Eastern Europe, North America, South America, Middle East, and Africa.

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