

Happiness Management Institute Launches On-Demand Platform to Redefine Executive Education in the Well-Being Economy

HMI's new platform brings global access to flexible, science-backed leadership education focused on impact and wellbeing.

MUNICH, GERMANY, May 20, 2025 /EINPresswire.com/ -- As companies worldwide grapple with rising burnout, disengagement, and talent turnover, the Happiness Management Institute (HMI) is responding with a bold solution: a new online learning platform that gives business leaders on-demand access to cutting-edge leadership education rooted in neuroscience, behavioral economics, and performance psychology.



The Happiness Management Institute's new ondemand platform delivers science-based executive education that leaders can access anytime, anywhere.

Unlike traditional business schools, HMI focuses on the human engine behind organizational success—equipping executives to manage happiness as a strategic KPI and lead with both profit and purpose in mind.

"The future of business belongs to leaders who can answer this one question," says the Institute's founder Dr. Anne-Katrin Straesser. "How do we lead in a way that benefits people, performance, and the planet—all at once?"

A Timely Shift Toward People-Centric Leadership

The new platform meets a growing demand from executives who want meaningful, applicationready learning—without having to wait for a course to start.

Leaders can now begin their training anytime, anywhere, through a digital-first experience built

to fit into real-world schedules.

The platform supports the Institute's flagship offerings, including the <u>Happiness Manager</u> or <u>Chief Happiness Officer</u> Executive Program, which have already been adopted by numerous organizations seeking to future-proof leadership, drive employee engagement, and build cultural resilience.

Repositioning Happiness as a Strategic Asset

At the core of the Institute's methodology is a disruptive yet increasingly relevant belief: Happiness is not a soft skill—it's a strategic Key Performance Indicator.

Just like financial performance, happiness provides data. It serves as an early warning indicator for crises, a predictor of performance, and a competitive edge in fast-changing markets. The Institute trains leaders to measure, manage, and lead with happiness, transforming workplace culture, employee energy, and business impact.

The <u>curriculum</u> centers around four key areas:

- 1. Employee Happiness Boosting engagement, resilience, and retention
- 2. Customer Happiness Enhancing trust, satisfaction, and loyalty
- 3. Shareholder Happiness Aligning well-being with long-term profitability
- 4. Community Happiness Expanding business impact beyond company walls

This systems-based approach transforms well-being from an HR initiative into a core leadership capability.

"We're bridging the gap between emotional intelligence and business intelligence," the founder explains. "Because in today's economy, thriving people create thriving companies."

Designed for the Executive of Tomorrow

The new platform is built with modern leaders in mind—those juggling high-stakes responsibilities and time pressure, but who still believe in leading better, not just faster. The self-paced format, combined with real-time application exercises and optional live consulting, ensures high-impact learning that drives measurable results in organizations.

As leaders seek new ways to increase resilience, retain talent, and lead with integrity, the Happiness Management Institute is emerging as a go-to resource for companies ready to align performance with purpose. Happiness Management Institute Happiness Management Institute +49 89 20073714 email us here Visit us on social media: LinkedIn X

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