

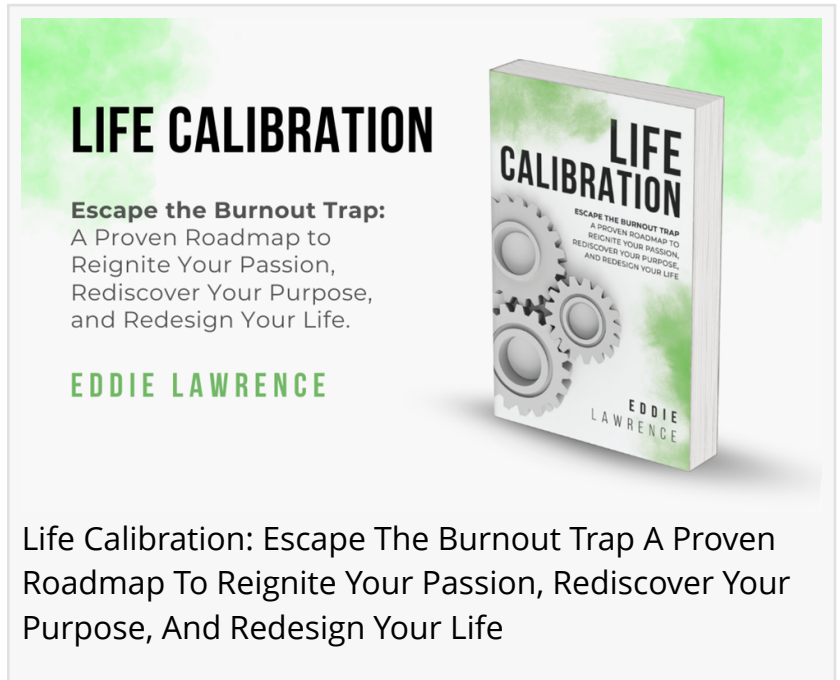
New Book 'Life Calibration' Offers Proven Roadmap to Overcome Burnout and Find Purpose

New book "Life Calibration" by Eddie Lawrence offers a proven roadmap to escape burnout, rediscover passion, and redesign a purpose-filled life.

COLORADO SPRINGS, CO, UNITED STATES, May 22, 2025

/EINPresswire.com/ -- Eddie Lawrence, a recognized expert on [personal development](#) and founder of the [Life Calibration](#) framework, has officially launched his highly anticipated book, "Life Calibration: Escape The Burnout Trap – A Proven Roadmap To Reignite Your Passion, Rediscover Your Purpose, And Redesign Your Life." This

transformative guide, available on Amazon in eBook, paperback, and hardcover formats, aims to help readers navigate life's complexities, escape burnout, and achieve lasting fulfillment.



Life Calibration: Escape The Burnout Trap A Proven Roadmap To Reignite Your Passion, Rediscover Your Purpose, And Redesign Your Life

Eddie Lawrence, author and creator of the Life Calibration system, developed this groundbreaking framework after a life-changing near-death experience at age 47. His new book, "Life Calibration," officially released on May 20, 2025, provides readers with a comprehensive, proven framework to reignite passion, achieve work-life balance, and create meaningful alignment in both their personal and professional lives.

“

Where can you see your entire life clearly, all in one place? With Life Calibration, clarity and purpose are within reach.”

Eddie Lawrence

The book is now available on Amazon with Paperback

Special New Release Pricing at \$9.99. The book will also soon be available as an audiobook on Audible at <https://amzn.to/3FtIWA6>.

Lawrence's extensive experience in business and personal development, combined with his personal journey, inspired the Life Calibration system. This strategic approach has resonated with entrepreneurs and professionals nationwide, offering a clear framework to gain a broad perspective on their lives, establish measurable goals, and systematically improve key areas.

Life Calibration dives deeply into the roots of burnout, providing actionable tools and methods to:

- *Identify and target critical areas of personal and professional growth
- *Implement personalized dashboards to track and measure progress
- *Understand life seasons and their profound effects on decision-making and priorities
- *Cultivate mindfulness to transform internal narratives and enhance external relationships
- *Establish a step-by-step roadmap towards sustainable balance and fulfillment

"Writing this book has been a deeply rewarding experience and an essential part of my own journey of growth and healing," said Lawrence. "Life Calibration is designed not only to guide readers but also to serve as a steadfast companion on their path to rediscovering passion, purpose, and joy."

This timely book addresses the critical issue of burnout, a prevalent challenge affecting countless individuals across various industries, notably automotive and diesel business professionals such as shop owners and managers. "Life Calibration" equips readers with proven strategies and relatable success stories to overcome these challenges, fostering stronger business cultures, improved employee retention, and enhanced personal and professional fulfillment.

Readers are encouraged to help boost visibility amidst thousands of competing titles by leaving a review. This collective effort aims to extend the book's transformative impact to a broader audience.

Seekers ready to begin their journey toward clarity, balance, and a more purpose-filled life today can take the next steps with "Life Calibration."

For more information, visit [LifeCalibration.com](https://lifecalibration.com), access [book resources](#) or purchase your copy directly from Amazon at <https://amzn.to/3FtIWA6>

Eddie Lawrence
Life Calibration
info@lifecalibration.com
Visit us on social media:

[YouTube](#)

[Other](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/815057532>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2025 Newsmatics Inc. All Right Reserved.