

# Cold, Cough, And Sore Throat Remedies Global Market Report 2025: Explores Market Drivers, Trends And Regional Insights

The Business Research Company's Cold, Cough, And Sore Throat Remedies Global Market Report 2025 – Market Size, Trends, And Global Forecast 2025-2034

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The size of cold, cough, and sore throat remedies market has observed promising growth in recent years. Rising market figures indicate a notable increase from \$45.41 billion in 2024 to



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approximately \$48.31 billion in 2025, marked by a 6.4% compound annual growth rate CAGR. The growth during this period hinges on factors such as the rise in seasonal flu cases, escalating air pollution, and a burgeoning elderly demographic. Additionally, the expansion of over-the-counter OTC medications and the increasing awareness of healthcare also contribute to this upward trend.

What's fueling the growth of the cold, cough, and sore throat remedies market going forward?

As we move into the next few years, a stronger surge is expected in the cold, cough, and sore throat remedies market size. Projections indicate a considerable increase to \$61.40 billion in 2029, reflecting an impressive CAGR of 6.2%. This growth is attributed to factors such as the increasing demand for herbal and natural remedies, the rising prevalence of viral infections, and the growing preference for self-medication. Technological advancements in drug formulation and the expansion of e-pharmacies also play significant roles in this forecasted market growth.

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What's driving the cold, cough, and sore throat remedies market growth?

The rising prevalence of respiratory infections is expected to further fuel the cold, cough, and sore throat remedies market growth of cold, cough, and sore throat remedies. Respiratory infections, primarily caused by viruses, bacteria, and other pathogens result in symptoms such as coughing, congestion, sore throats, and breathing difficulties. With escalating air pollution weakening the respiratory system, individuals are becoming more susceptible to infections. As a response, cold, cough, and sore throat remedies have proven instrumental in mitigating these health issues by both easing irritations and enhancing the body's natural defense against pathogens. For instance, the Bureau of Labor Statistics reported an increase in illness rates among private industry employers from 37.7 cases per 10,000 FTE workers in 2021 to 45.2 cases in 2022. This rise can primarily be attributed to a higher occurrence of respiratory illnesses.

What key player strategies are driving the cold, cough, and sore throat remedies market?

The cold, cough, and sore throat remedies market is buoyed by major players including Procter & Gamble Co., Johnson & Johnson, Bayer AG, Sanofi S.A., Novartis AG, GlaxoSmithKline plc, Takeda Pharmaceutical Company, Reckitt Benckiser Group plc, Teva Pharmaceutical Industries Ltd., Sun Pharmaceutical Industries Ltd., Cipla Health Ltd., Prestige Brands Holdings Inc., Marksans Pharma Ltd., Weefsel Pharma Pvt. Ltd., Sunwin Healthcare Pvt. Ltd., AdvaCare Pharma USA, Genexa Inc., Himalaya Wellness Company, Benylin, and Medella Softgel Private Limited. These organizations are continually developing innovative products such as clean cough and cold medicines that meet the growing demand for safer, chemical-free alternatives.

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How is the cold, cough, and sore throat remedies market segmented?

The cold, cough, and sore throat remedies market can be deconstructed into segments such as Drug, Doses, Application, and Distribution Channel like Hospital Pharmacies, Retail Pharmacies, and E-Commerce, with sub-segments that detail the Antihistamines, Expectorants, Bronchodilators, Decongestants, and Antibiotics.

What are the regional insights in the cold, cough, and sore throat remedies market?

North America took the lead as the largest region in the cold, cough, and sore throat remedies market in 2024. However, the Asia-Pacific region is expected to be the fastest-growing region in the forecast period. The regions covered in the cold, cough, and sore throat remedies market report include Asia-Pacific, Western Europe, Eastern Europe, North America, South America,

Middle East, and Africa.

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