

# Lora Kelley Announces New Single 'Will You Hold My Arms Up?' — A Raw Invitation to Faith, Doubt, and Healing

*Lora Kelley's "Will You Hold My Arms Up?" is an aching, Americana-infused meditation on faith, grief, and human resilience.*

NORTH GARDEN, VA, UNITED STATES, May 30, 2025 /EINPresswire.com/ -- Multidisciplinary artist and trauma-informed story work coach [Lora Kelley](#) invites listeners into a stirring landscape of vulnerability and hope with her new single, "Will You Hold My Arms Up?" ahead of her forthcoming album due this fall. Known for her compassionate work guiding individuals through healing, Lora's music is a profound extension of her life's calling — a tender space where storytelling, spirituality, somatic healing, and song meet.



Cover art for "Will You Hold My Arms Up?"

Steeped in years of walking alongside others through their deepest wounds, Lora Kelley's songwriting reflects a hard-won tenderness — an understanding that some forms of suffering cannot be undone, only witnessed. "Will You Hold My Arms Up?" rises from this sacred tension, shaped by a lifetime spent navigating the liminal spaces of faith and doubt.

Growing up attuned to the emotional landscapes of the Psalms, Kelley found early resonance in the vulnerable confession, "I believe; help my unbelief." Over time, she observed the ways religious culture often imposed shame around expressions of sadness, anger, or spiritual fatigue — a rigidity she found at odds with the profoundly human grief embodied by Jesus himself. "This song is a declaration of what it means to be human," Kelley shares. "To have faith, yet lean on the faith of others. To find strength, and still grow tired. To know that God's presence holds steady even when our belief feels frayed. Sometimes, it's enough simply to ask for someone to

hold our arms up."

A moving anthem for anyone who has wrestled with that exhaustion, doubt, and the longing to be held in the midst of hardship - the song weaves plaintive lyrics with an intimate Americana sound, reminiscent of artists like Porter's Gate, Madison Cunningham, and Natalie Merchant. Produced by Jeremy Casella, "Will You Hold My Arms Up?" features stirring performances from an all-star lineup of musicians, including Nate Duggar (guitar), Matt Stan (piano), John Hunt (drums), Jacob Blowery (bass), and Mike Payne (guitar). Engineered by Evan Redwine, the track captures the emotional intensity and quiet strength at the heart of Kelley's writing.

Rooted in the themes of resilience and gentle honesty, Lora's work is deeply informed by her background in narrative-based trauma care, including her studies with the Allender Center. Her music stands as a testament to the beauty of brokenness, offering not platitudes, but presence — a hand to hold in the dark. Raised amid the liminality of faith and living today on a conserved farm in Virginia with her partner, children, and a lively menagerie of pets, Lora crafts songs that feel lived-in, earthy, and unflinchingly honest. Her upcoming album will continue to explore the emotional terrains where suffering and hope coexist — a body of work poised to resonate with those yearning for deeper connection and sacred honesty.

“

If you feel shame about faith and doubt... or spirituality and God, this song is one of resonance. It's a cry for help when we are on the edges of our ability to stay present with ourselves and hope.”

*Lora Kelley*



Image by Amy Nicole Photography

Dawn Jones  
Pressed Fresh Collective  
+1 334-470-3611  
[email us here](#)

---

This press release can be viewed online at: <https://www.einpresswire.com/article/817273944>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2025 Newsmatics Inc. All Right Reserved.