

Cannanda Warns Against using Copaiba Essential Oil for its Beta-Caryophyllene—And Why CB2 Oil is a Safer Alternative

As beta-caryophyllene (BCP) gains popularity for its health benefits, Cannanda discusses the hidden dangers of ingesting copaiba essential oil.

TORONTO, ON, CANADA, May 30, 2025 /EINPresswire.com/ -- With growing interest in natural remedies for chronic pain, inflammation, anxiety, and sleep issues, [beta-caryophyllene \(BCP\)](#) has rapidly gained recognition as a powerful compound in the wellness community. Consumers searching for effective, natural alternatives are increasingly turning to BCP-based solutions, and as demand rises, so do misconceptions—especially around the use of copaiba essential oil as a BCP health solution.

Cannanda, the world's leading brand for beta-caryophyllene products and creators of its [top-selling CB2 oil line](#), is issuing an educational alert to consumers: not all BCP products are created equal, and copaiba essential oil is not a safe way to supplement with BCP.



CANNANDA
CB2[®]

Cannanda Issues Health Warning Regarding the Use of Copaiba Essential Oil as a Beta-Caryophyllene Supplement

Copaiba, a popular source of beta-caryophyllene (BCP) is toxic to the liver and should not be ingested. Cannanda discusses why CB2 oil is a safer alternative.

The Rise of BCP: Why Everyone's Talking About Beta-Caryophyllene

- o BCP is a terpene found in many plants, most notably black pepper, cloves, rosemary, and hemp.
- o It's the first known dietary cannabinoid to directly activate the CB2 receptor—without any

intoxicating effects or binding to CB1 receptors like THC.

o Activating the CB2 receptor is linked to:

- Reduced inflammation
- Pain relief
- Better immune response
- Improved mood and sleep
- Enhanced healing and recovery

o BCP is gaining popularity as a natural solution for arthritis, fibromyalgia, stress, and chronic pain.

Copaiba Essential Oil: The Risky Shortcut

Despite its growing popularity in wellness circles, copaiba essential oil is not a safe way to get your daily dose of BCP. While it does contain beta-caryophyllene, Cannanda warns against its internal or even topical use for several reasons:

o Contains hepatotoxic compounds

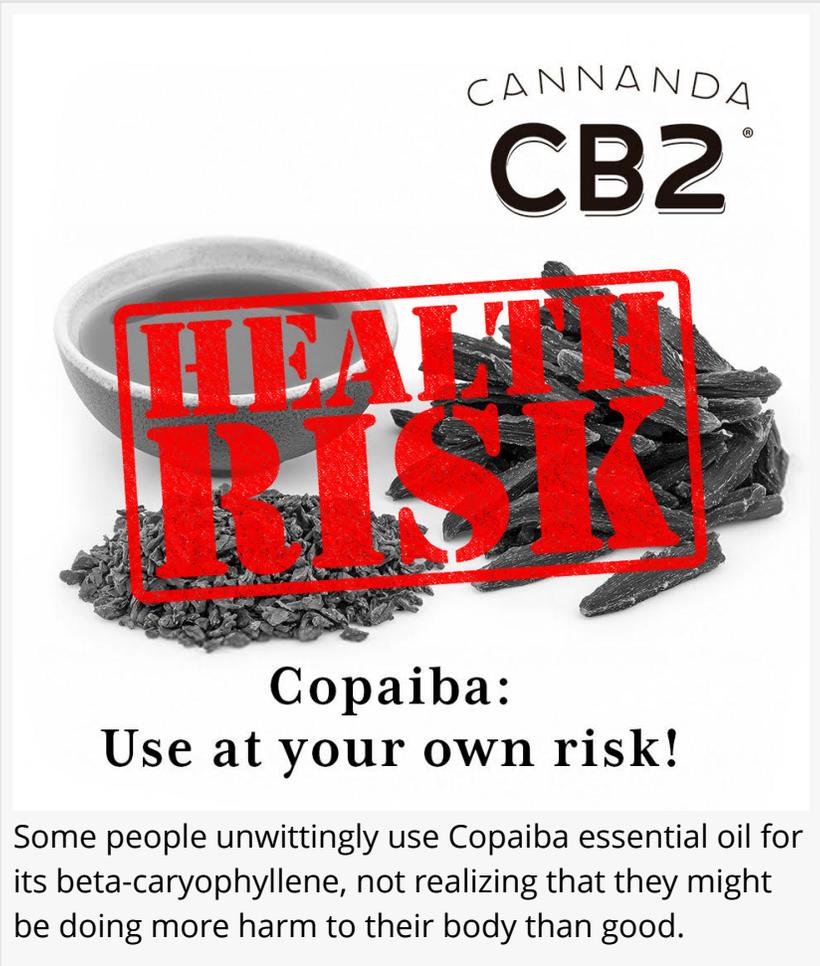
- Copaiba oil contains certain diterpenes, that are toxic to the liver (hepatotoxic) when ingested or absorbed through the skin.
- Many essential oils are not safe consumption, and copaiba oils can vary significantly in quality and composition.

o Not designed for daily use

- Essential oils are highly concentrated plant extracts meant for aromatherapy or external use—not internal or daily therapeutic use.
 - Misuse can lead to toxicity, especially when ingested. Even frequent daily application to the skin—which acts like a sponge—allows rapid absorption into the bloodstream.
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Why Cannanda CB2 Oil is the Safer, Smarter Choice

As the world's top-selling beta-caryophyllene supplements, Cannanda CB2 oils offer a scientifically formulated, food-grade alternative designed specifically for safe and effective CB2



The image shows the Cannanda CB2 logo at the top right. Below it is a photograph of a small white bowl containing dark, charred sticks of wood, likely Copaiba resin. A large, red, distressed-style stamp with the words "HEALTH RISK" is overlaid on the sticks. Below the photograph, the text "Copaiba: Use at your own risk!" is written in a bold, black, sans-serif font. At the bottom of the image area, a white box contains the text: "Some people unwittingly use Copaiba essential oil for its beta-caryophyllene, not realizing that they might be doing more harm to their body than good."

receptor activation.

o Made with only clean, food-grade ingredients

- Every ingredient in Cannanda CB2 oil is edible, safe, and non-toxic.
- Even Cannanda's new CB2 Topical Oil's tagline is, "So clean, it's edible."
- Perfect for both internal use and topical application.

o No hepatotoxic diterpenes

- Unlike copaiba essential oil, Cannanda CB2 oils contain only safe food-grade ingredients—without the toxins.

o Optimized for bioavailability

- BCP in Cannanda CB2 oils are blended in a way that enhances absorption, helping the body make the most of each drop.

o Physician-formulated and award-winning.

- Developed using cutting-edge cannabinoid science and designed to deliver consistent, safe, and effective results.



Cannanda CB2 oils are the best-selling, safest, and most effective beta-caryophyllene health solutions available.

Your Skin Is a Sponge—Here's Why That Matters

o Whatever you put on your skin ends up inside your body.

o Many people apply copaiba oil topically, unaware that its diterpenes can be absorbed transdermally, posing the same risks as ingestion.

o Cannanda CB2 oil is not only safe for topical use, but also designed to support healing from the outside in, making it ideal for:

- Joint pain and inflammation
- Muscle recovery
- Skin wellness

Become an Informed Consumer: What to Look for in a BCP Product

If you're exploring natural wellness options and considering beta-caryophyllene, here are a few things to look for:

- Is it clinically-formulated and tested?
- Is it free from harmful compounds like hepatotoxic diterpenes?
- Is it made from safe, food-grade ingredients?
- Is the BCP dosage standardized for consistent results?

Cannanda CB2 oils meet all these criteria—and more. As the global authority on beta-caryophyllene, Cannanda is committed to education, transparency, and the highest standards in natural health innovation.

Search Trends Show Growing Demand—And Growing Confusion

Consumers are searching online for:

- "What is beta-caryophyllene good for?"
- "Is copaiba oil safe to ingest?"
- "[BCP supplements for inflammation](#)"
- "Best CB2 oil"
- "Natural pain relief alternatives"
- "BCP vs. copaiba oil"

This press release serves as a timely reminder that not all sources of BCP are safe or effective, and choosing the right product matters.

About Cannanda

Cannanda is the world's leading brand in beta-caryophyllene-based health products, including its award-winning CB2 oil line. Conceived and formulated by Dr. Lee Know--Cannanda's founder, managing director, and licensed physician--Cannanda's products help consumers support their endocannabinoid system naturally, without the use of THC or CBD. Every formula is crafted with food-grade, clean-label ingredients for maximum safety and effectiveness.

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