

New Book Reveals the Overlooked Toxins Impacting American Homes

A shocking exposé reveals how everyday home materials harm your family—and the proven steps to detox, protect, and rebuild your health.

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/EINPresswire.com/ -- What if the place you trust the most is secretly making you sick? In his groundbreaking new release, [The Poisoned Home](#): How Hidden Toxins Are Destroying Your Family's Health & Wealth—And How to Eliminate Them, author, eco-innovator Christopher Penn uncovers the shocking truth behind America's indoor environments—and the price we all pay for ignoring it.

"Toxic building materials aren't just a health issue—they're a trillion-dollar crisis," says Penn. "People are living in homes that are slowly poisoning them and draining their life savings in medical bills, energy waste, and loss of days of work due to illness."

Backed by 20+ years of field research and real-world experience, *The Poisoned Home* is a wake-up call to homeowners, renters, real estate professionals, and policymakers. From mold and flame retardants to VOCs, formaldehyde, pesticides, and off-gassing furniture, Penn reveals how indoor air can be up to 100x more polluted than outdoor air, according to the EPA.

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We're not just renovating homes—we're rebuilding trust in what a healthy home should be: safe, breathable, and built for life."

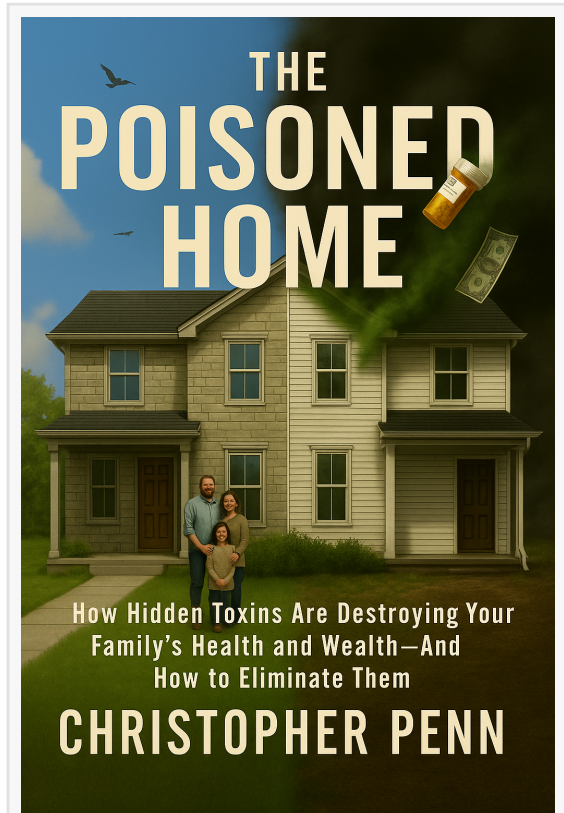
Christopher Penn

Key Facts from *The Poisoned Home*:

90% of U.S. homes contain some level of mold contamination (NIOSH)

Indoor air pollution causes over 4 million deaths annually (WHO)

90% of people spend 90% of their time indoors—often



The Poisoned Home Book Cover

surrounded by toxins

The average American household has over 400 toxic chemicals present

But The Poisoned Home isn't just doom and gloom. It's a practical guide to reclaiming your health and wealth. Readers will learn how to detox their living spaces, choose safer alternatives, and implement simple but powerful changes that make their homes healthier, more energy-efficient, and sustainable.

Advance Praise:

"A powerful blend of truth and action. This book should be on every shelf in America." — Dr. Tara McBride, Environmental Health Advocate

"Christopher Penn is the Erin Brockovich of the housing industry." — Jon Walsh, Builder & Green Architect

"It's not just about health—it's about justice. This book is a public service." — Monica H., Homeowner & Mold Survivor

About the Author

Christopher L. Penn is a veteran 20+ renovation contractor, author, and founder of [Mr Hemp House™](#), a pioneer in toxin-free building materials and sustainable housing. Known for his work with GaiaCrete®, and other sustainable/ non-sustainable products, Penn has spent two decades leading disaster recovery efforts and researching solutions to the toxic housing crisis in America.

His work has been featured in national housing expos, sustainability conferences, and public health summits. The Poisoned Home is his fifth book and the flagship in a new movement toward healthy, affordable living.

Available Now:

[Amazon](#)/ Kindle/ Apple Books/ Barnes & Noble: Search, "The Poisoned Home" and Christopher Penn for all my Books.



The Poisoned Home Health Home vs Unhealthy Home



The Poisoned Home Poison Air Image

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☐☐ Everyone Deserves a Safe Home

Start protecting your family today. Read The Poisoned Home and join the movement for healthy, toxin-free living.

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