

# Modern Parenting and the Changing Landscape of Childhood Resilience

---

ISELIN, NJ, UNITED STATES, June 3, 2025 /EINPresswire.com/ -- From homework help and finding missing cleats, to shielding them from stress – it's hard for parents to see children struggle. However, some research suggests that rushing in to "save them" may be doing more harm than good.

Parenting and education expert Gigi Schweikert talks about the growing concern that overprotection may be hindering the development of resilience in children. She shares the secrets to raising better problem solvers and how parenting differently can lead to more independence and will also highlight the importance of finding community support and building strong networks.

Gigi has over 30 years' experience in education and talks about how preschool can help foster a child's ability to bounce back from challenges and adversity.

For more information, please visit <https://LightbridgeAcademy.com>.

Elizabeth Parra  
Lightbridge Academy  
[email us here](#)

Visit us on social media:

[Instagram](#)

[Facebook](#)

[LinkedIn](#)

[X](#)

---

This press release can be viewed online at: <https://www.einpresswire.com/article/818374222>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2025 Newsmatics Inc. All Right Reserved.